Chapter 5

Modelling the formation of double white dwarfs

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Abstract We investigate the formation of the ten double-lined double white dwarfs that have been observed so far. A detailed stellar evolution code is used to calculate grids of single-star and binary models and we use these to reconstruct possible evolutionary scenarios. We apply various criteria to select the acceptable solutions from these scenarios. We confirm the conclusion of Nelemans et al. (2000) that formation via conservative mass transfer and a common envelope with spiral-in based on energy balance or via two such spiral-ins cannot explain the formation of all observed systems. We investigate three different prescriptions of envelope ejection due to dynamical mass loss with angular-momentum balance and show that they can explain the observed masses and orbital periods well. Next, we demand that the age difference of our model is comparable to the observed cooling-age difference and show that this puts a strong constraint on the model solutions. One of these solutions explains the DB-nature of the oldest white dwarf in PG 1115+116 along the evolutionary scenario proposed by Maxted et al. (2002a), in which the helium core of the primary becomes exposed due to envelope ejection, evolves into a giant phase and loses its hydrogen-rich outer layers.

5.1 Introduction

Ten double-lined spectroscopic binaries with two white-dwarf components are currently known. These binaries have been systematically searched for to find possible progenitor systems for Type Ia supernovae, for instance by the SPY (ESO SN Ia Progenitor surveY) project (*e.g.* Napiwotzki et al. 2001, 2002). Short-period double white dwarfs can lose orbital angular momentum by emitting gravitational radiation and if the total mass of the binary exceeds the Chandrasekhar limit, their eventual merger might produce a supernova of type Ia (Iben & Tutukov 1984).

The observed binary systems all have short orbital periods that, with one exception, range from an hour and a half to a day or two (see Table 5.1), corresponding to orbital separations between $0.6 R_{\odot}$ and $7 R_{\odot}$. The white-dwarf masses of $0.3 M_{\odot}$ or more indicate that their progenitors were (sub)giants with radii of a few tens to a few hundred solar radii. This makes a significant orbital shrinkage (spiral-in) during the last mass-transfer phase necessary and fixes the mechanism for the last mass transfer to common-envelope evolution. In such an event the envelope of the secondary engulfs the oldest white dwarf due to dynamically-unstable mass transfer. Friction then causes the two white dwarfs to spiral in towards each other while the envelope is expelled. The orbital energy that is freed due to the spiral-in provides for the necessary energy for the expulsion (Webbink 1984).

The first mass transfer phase is usually thought to be either another spiral-in or stable and conservative mass transfer. The first scenario predicts that the orbit shrinks appreciably during the mass transfer whereas the second suggests a widening orbit. Combined with a core mass-radius relation (*e.g.* Refsdal & Weigert 1970) these scenarios suggest that the mass ratio $q_2 \equiv M_2/M_1$ of the double white dwarfs is much smaller than unity in the first scenario and larger than unity in the second scenario. The observed systems all have mass ratios between 0.70 and 1.28 (Table 5.1), which led Nelemans et al. (2000) to conclude that a third mechanism is necessary to explain the evolution of these systems. They suggested envelope ejection due to dynamical mass loss based on angular-momentum balance, in which little orbital shrinkage takes place. They used analytical approximations to reconstruct the evolution of three double white dwarfs and concluded that these three systems can only be modelled if this angular-momentum prescription is included.

In this chapter we will use the same method as Nelemans et al. (2000), to see if a stable-mass-transfer episode followed by a common envelope with spiral-in can explain the observed double white dwarfs. We will improve on their calculations in several respects. First, we extend the set of observed binaries from 3 to 10 systems. Second, we take into account progenitor masses for the white dwarf that was formed last up to $10 M_{\odot}$ and allow them to evolve beyond core helium burning to the asymptotic giant branch. Nelemans et al. (2000) restricted themselves to progenitor masses of $2.3 M_{\odot}$ or less and did not allow these stars to evolve past the helium flash. This was justified because the maximum white-dwarf mass that should be created by these progenitors was $0.47 M_{\odot}$, the maximum helium-core mass of a low-mass star and less than the minimum mass for a CO white dwarf formed in a spiral-in (see Fig. 5.1). The most massive white dwarf in our sample is $0.71 M_{\odot}$ and cannot

have been created by a low-mass star on the red-giant branch. Third, we use more sophisticated stellar models to reconstruct the evolution of the observed systems. This means that the radius of our model stars does not depend on the helium-core mass only, but also on total mass of the star (see Fig. 5.1). Furthermore, we can calculate the binding energy of the hydrogen envelope of our models so that we do not need the envelope-structure parameter λ_{env} and can calculate the common-envelope parameter α_{ce} directly. Last, because we use a full binary-evolution code, we can accurately model the stable mass transfer rather than estimate the upper limit for the orbital period after such a mass-transfer phase. This places a strong constraint on the possible stable-mass-transfer solutions. The evolution code also takes into account the fact that the core mass of a donor star can grow appreciably during stable mass transfer, a fact that alters the relation between the white-dwarf mass and the radius of the progenitor mentioned earlier for the case of stable mass transfer.

Our research follows the lines of Nelemans et al. (2000), calculating the evolution of the systems in reverse order, from double white dwarf, via some intermediate system with one white dwarf, to the initial ZAMS binary. In Sect. 5.2 we list the observed systems that we try to model. The stellar evolution code that we use to calculate stellar models is described in Sect. 5.3. In Sect. 5.4 we present several grids of single-star models from which we will use the helium-core mass, stellar radius and envelope binding energy to calculate the evolution during a spiral-in. We show a grid of 'basic' models with standard parameters and describe the effect of chemical enrichment due to accretion and the wind mass loss. We find that these two effects may be neglected for our purpose. In Sect. 5.5 we use the single-star models to calculate spiral-in evolution for each observed binary and each model star in our grid and thus produce a set of progenitor binaries. Many of these systems can be rejected based on the values for the common-envelope parameter or orbital period. The remainder is a series of binaries consisting of a white dwarf and a giant star that would cause a common envelope with spiral-in and produce one of the observed double white dwarfs. In Sect. 5.6 we model the first mass-transfer scenario that produces the systems found in Sect. 5.5 to complete the evolution. We consider three possible mechanisms: stable and conservative mass transfer, a common envelope with spiral-in based on energy balance and envelope ejection based on angular-momentum balance. We introduce two variations in the latter mechanism and show that they can explain the observed binaries. In addition, we show that the envelope-ejection scenario based on angular-momentum balance can also explain the second mass-transfer episode. In Sect. 5.6.4 we include the observed age difference in the list of parameters our models should explain and find that this places a strong constraint on our selection criteria. In Sect. 5.7 we compare this study to earlier work and discuss an alternative formation scenario for PG 1115+116. Our conclusions are summed up in Sect. 5.8.

5.2 Observed double white dwarfs

At present, ten double-lined spectroscopic binaries consisting of two white dwarfs have been observed. The orbital periods of these systems are well determined. The fact that both components are detected makes it possible to constrain the mass ratio of the system from the radial-velocity amplitudes. The masses of the components are usually determined by fitting white-dwarf atmosphere models to the observed effective temperature and surface gravity, using mass-radius relations for white dwarfs. The values thus obtained are clearly better for the brightest white dwarf but less well-constrained than the values for the period or mass ratio. It is also harder to estimate the errors on the derived mass. In the publications of these observations, the brightest white dwarf is usually denoted as 'star 1' or 'star A'. Age determinations suggest in most cases that the brightest component of these systems is the youngest white dwarf. These systems must have evolved through two mass-transfer episodes and the brightest white dwarf is likely to have formed from the originally less massive component of the initial binary (consisting of two ZAMS stars). We will call this star the secondary or 'star 2' throughout this chapter, whereas the primary or 'star 1' is the component that was the initially more massive star in the binary. The two components will carry these labels throughout their evolution, and therefore white dwarf 1 will be the oldest and usually the faintest and coldest of the two observed components. The properties of the ten double-lined white-dwarf systems are listed in Table 5.1. For our calculations we will use the parameters that are best determined from the Table: $P_{\rm orb}$, q_2 and M_2 . For M_1 we will not use the value listed in Table 5.1, but the value M_2/q_2 instead. We hereby ignore the observational uncertainties in q_2 , because they are small with respect to the uncertainties in the mass. In Sects. 5.5 and 5.6 we will use a typical value of $0.05 M_{\odot}$ (Maxted et al. 2002b) for the uncertainties in the estimate of the secondary mass.

Although the cooling-age determinations are strongly dependent on the cooling model used, the thickness of the hydrogen layer on the surface and the occurrence of shell flashes, the cooling-age *difference* is thought to suffer less from systematic errors. The values for $\Delta \tau$ in Table 5.1 have an estimated uncertainty of 50% (Maxted et al. 2002b). The age determinations of the components of WD 1704+481a suggest that star 2 may be the oldest white dwarf, although the age difference is small in both absolute (20 Myr) and relative ($\approx 3\%$) sense (Maxted et al. 2002b). Because of this uncertainty we will introduce an eleventh system with a reversed mass ratio. This new system will be referred to as WD 1704+481b or 1704b and since we assume that the value for M_2 is better determined, we will use the following values for this system: $M_1 = 0.39 M_{\odot}$, $q_2 = 1.43 \pm 0.06$ and $M_2 \equiv q_2 M_1 = 0.56 M_{\odot}$.

5.3 The stellar evolution code

We calculate our models using the STARS binary stellar evolution code, originally developed by Eggleton (1971, 1972) and with updated input physics as described in Pols et al. (1995). Opacity tables are taken from OPAL (Iglesias et al. 1992), complemented with low-temperature opacities from Alexander & Ferguson (1994).

The equations for stellar structure and composition are solved implicitly and simultaneously, along with an adaptive mesh-spacing equation. Because of this, the code is quite stable numerically and relatively large timesteps can be taken. As a result of the large timesteps and because hydrostatic equilibrium is assumed, the code does not easily pick up short-time-scale instabilities such as thermal pulses. We can thus quickly evolve our models

Name	$P_{ m orb}\left({ m d} ight)$	$a_{ m orb}~(R_\odot)$	$M_1~(M_{\odot})$	$M_2~(M_{\odot})$	$q_2 = M_2/M_1$	τ_2 (Myr)	Δau (Myr)	Ref/Note
WD 0135-052	1.556	5.63	0.52 ± 0.05	0.47 ± 0.05	0.90 ± 0.04	950	350	1,2
WD 0136+768	1.407	4.98	0.37	0.47	1.26 ± 0.03	150	450	3,10
WD 0957-666	0.061	0.58	0.32	0.37	1.13 ± 0.02	25	325	3, 5, 6, 10
WD 1101+364	0.145	0.99	0.33	0.29	0.87 ± 0.03	135	215	4,(10)
PG 1115+116	30.09	40.0	0.7	0.7	0.84 ± 0.21	60	160	8,9
WD 1204+450	1.603	5.72	0.52	0.46	0.87 ± 0.03	40	80	6,10
WD 1349+144	2.209	6.65	0.44	0.44	1.26 ± 0.05			12
HE 1414–0848	0.518	2.93	0.55 ± 0.03	0.71 ± 0.03	1.28 ± 0.03	1000	200	11
WD 1704+481a	0.145	1.13	0.56 ± 0.07	0.39 ± 0.05	0.70 ± 0.03	725	-20	7,a
HE 2209–1444	0.277	1.89	0.58 ± 0.08	0.58 ± 0.03	1.00 ± 0.12	006	500	13
Table 5.1: Observed	d double w	hite dwarfs di	scussed in this	chapter. The ta	ble shows for earling	ach system th	he orbital per	iod $P_{\rm orb}$, the
n ninai separativit u	orb, urv me	DADE IVI ALLA	1V12, UIU IIIabb .	12111 - 7712/	M], ulc commu			UILING ISOUTH

dwarf τ_2 and the difference between the cooling ages of the components $\Delta \tau$. M_1 is the mass of the oldest white dwarf and thus presumably the original primary. The errors on the periods are smaller than the last digit. The values for a_{orb} are calculated by the authors and meant to give an indication. References: (1) Saffer et al. (1988), (2) Bergeron et al. (1989), (3) Bragaglia et al. (1990), (4) Marsh (1995), (5) Moran et al. (1997), (6) Moran et al. (1999), (7) Maxted et al. (2000), (8) Bergeron & Liebert (2002), (9) Maxted et al. (2002a), (10) Maxted et al. (2002b), (11) Napiwotzki et al. (2002), (12) Karl et al. (2003a), (13) Karl et al. (2003b). Note: (a) WD 1704+481a is the close pair of a hierarchical triple. It seems unclear which of the two stars in this pair is the youngest (see the text). up the asymptotic giant branch (AGB), without having to calculate a number of pulses in detail. We thus assume that such a model is a good representation of an AGB star.

Convective mixing is modelled by a diffusion equation for each of the composition variables, and we assume a mixing-length to scale-height ratio $l/H_p = 2.0$. Convective overshooting is taken into account as in Schröder et al. (1997), with a parameter $\delta_{ov} = 0.12$ which corresponds to overshooting lengths of about 0.3 pressure scale heights (H_p) and is calibrated against accurate stellar data from non-interacting binaries (Schröder et al. 1997; Pols et al. 1997). The code circumvents the helium flash in the degenerate core of a low-mass star by replacing the model at which the flash occurs by a model with the same total mass and core mass but a non-degenerate helium core in which helium was just ignited. The masses of the helium and carbon-oxygen cores are defined as the mass coordinates where the abundances of hydrogen and helium respectively become less than 10%. The binding energy of the hydrogen envelope of a model is calculated by integrating the sum of the internal and gravitational energy over the mass coordinate, from the helium-core mass M_c to the surface of the star M_s :

$$U_{\rm b,e} = \int_{M_{\rm c}}^{M_{\rm s}} \left(U_{\rm int}(m) - \frac{Gm}{r(m)} \right) \,\mathrm{d}m \tag{5.1}$$

The term U_{int} is the internal energy per unit of mass, that contains terms such as the thermal energy and recombination energy of hydrogen and helium.

We use a version of the code (see Eggleton & Kiseleva-Eggleton 2002) that allows for non-conservative binary evolution. We use the code to calculate the evolution of both single stars and binaries in which both components are calculated in full detail. With the adaptive mesh, mass loss by stellar winds or by Roche-lobe overflow (RLOF) in a binary is simply accounted for in the boundary condition for the mass. The spin of the stars is neglected in the calculations and the spin-orbit interaction by tides is switched off. The initial composition of our model stars is similar to solar composition: X = 0.70, Y = 0.28 and Z = 0.02.

5.4 Giant branch models

As we have seen in Sect. 5.1, each of the double white dwarfs that are observed today must have formed in a common-envelope event that caused a spiral-in of the two degenerate stars and expelled the envelope of the secondary. The intermediate binary system that existed before this event, but after the first mass-transfer episode, consisted of the first white dwarf (formed from the original primary) and a giant-branch star (the secondary). This giant is thus the star that caused the common envelope and in order to determine the properties of the spiral-in that formed each of the observed systems, we need a series of giant-branch models. In this section we present a grid of models for single stars that evolve from the ZAMS to high up the asymptotic giant branch (AGB). For each time step we saved the total mass of the star, the radius, the helium-core mass and the binding energy of the hydrogen envelope of the star.

In an attempt to cover all possibilities, we need to take into account the effects that can change the quantities mentioned above. We consider the chemical enrichment of the secondary by accretion in a first mass-transfer phase and the effect a stellar-wind mass loss may have. For each of these changes, we compare the results to a grid of 'basic' models with default parameters. We keep the overshooting parameter δ_{ov} constant for all these grids, because this effect is unimportant for low-mass stars ($M \leq 2.0 M_{\odot}$) and its value is well calibrated for intermediate-mass stars (see Sect. 5.3).

5.4.1 Basic models

In order to find the influence of the effects mentioned above, we want to compare the models including these effects to a standard. We therefore calculated a grid of stellar models, from the zero-age main sequence to high up the asymptotic giant branch (AGB), with default values for all parameters. These models have solar composition and no wind mass loss. We calculated a grid of 199 single-star models with these parameters with masses between 0.80 and 10.0 M_{\odot} , with the logarithm of their masses evenly distributed. Model stars with masses lower than about 2.05 M_{\odot} experience a degenerate core helium flash and are at that point replaced by a post-helium-flash model as described in Sect. 5.3. Because of the large timesteps the code can take, the models evolve beyond the point on the AGB where the carbon-oxygen core (CO-core) mass has caught up with the helium-core mass and the first thermal pulse should occur.

Figure 5.1 shows the radii of a selection of our grid models as a function of their heliumcore masses. We used different line styles to mark different phases in the evolution of these stars, depending on their ability to fill their Roche lobes or cause a spiral-in and the type of star a common envelope would result in. The solid lines show the evolution up the first giant branch (FGB), where especially the low-mass stars expand much and could cause a common envelope with spiral-in, in which a helium white dwarf would be formed. Fig. 5.1a shows that low-mass stars briefly contract for core masses around 0.3 M_{\odot} . This is due to the first dredge-up, where the convective envelope deepens down to just above the hydrogen burning shell and increases the hydrogen abundance there. The contraction happens when the hydrogen-burning shell catches up with this composition discontinuity. After ignition of helium in the core, all stars shrink and during core helium burning and the first phase of helium fusion in a shell, their radii are smaller than at the tip of the FGB. This means that these stars could never start filling their Roche lobes in this stage. These parts of the evolution are plotted with dotted lines. Once a CO core is established, the stars evolve up the AGB and eventually get a radius that is larger than that on the FGB. The stars are now capable of filling their Roche lobes again and cause a common envelope with spiral-in. In such a case we assume that the whole helium core survives the spiral-in and that the helium burning shell will convert most of the helium to carbon and oxygen, eventually resulting in a CO white dwarf, probably with an atmosphere that consists of a mixture of hydrogen and helium. This part of the evolution is marked with dashed lines. Fig. 5.1b shows that the most massive models in our grid have a decreasing helium-core mass at some point



Figure 5.1: Core-mass-radius relations for the 'basic' models, as described in the text. The lines show the logarithm of the radius of the stars as a function of the helium-core mass. *Upper panel* (a): grid models with low masses: 0.91, 1.01, 1.14, 1.30, 1.48, 1.63, 1.81 and 2.00 M_{\odot} . *Lower panel* (b): grid models with high masses: 2.00, 2.46, 2.79, 3.17, 3.60, 4.09, 4.65, 5.28 and $6.00 M_{\odot}$. The $2 M_{\odot}$ model is plotted in both panels throughout as a solid line for easier comparison. The other models are shown as solid lines on the first giant branch (FGB), where they could cause a common envelope with a spiral-in and create a helium white dwarf. The dashed lines show the asymptotic giant branch (AGB), where a spiral-in would lead to the formation of a carbon-oxygen white dwarf. Dotted lines are parts of the evolution where the stars either are smaller than at the tip of the FGB (at lower radii) or where their envelope binding energies become positive on the AGB (at large radii).

on the AGB. This happens at the so-called second dredge-up, where the convective mantle extends inward, into the helium core and mixes some of the helium from the core into the mantle, thereby reducing the mass of the core. Models with masses between about 1.2 and 5.6 M_{\odot} expand to such large radii that the binding energy of their hydrogen envelopes become positive. In Sect. 5.5 we are looking for models that can cause a spiral-in based on energy balance in the second mass-transfer phase, for which purpose we require stars that have hydrogen envelopes with a negative binding energy. A positive binding energy means that there is no orbital energy needed for the expulsion of the envelope and thus the orbit will not shrink during a common envelope caused by such a star. We have hereby implicitly assumed that the recombination energy is available during common-envelope ejection.

To give some idea what kind of binaries can cause a spiral-in and could be the progenitors of the observed double white dwarfs, we converted the radii of the stars displayed in Fig. 5.1 into orbital periods of the pre-common-envelope systems. To do this, we assumed that the Roche-lobe radius is equal to the radius of the model star, and that the mass of the companion is equal to the mass of the helium core of the model. This is justified by Table 5.1, where the geometric mean of the mass ratios is equal to 1.03. The result is shown in Fig. 5.2.

In Sect. 5.5 we will need the efficiency parameter α_{ce} of each common-envelope model to judge whether that model is acceptable or not. In order to calculate this parameter we must know the binding energy of the hydrogen envelope of the progenitor star (see Eq. 5.4), that is provided by the evolution code as shown in Eq. 5.1. The envelope binding energy is therefore an important parameter and we show it for a selection of models in Fig. 5.3, again as a function of the helium-core mass. Because the binding energy is usually negative, we plot the logarithm of $-U_{b,e}$. The phases where the envelope binding energy is non-negative are irrelevant for our calculations of α_{ce} and therefore not shown in the Figure.

Many common-envelope calculations in the literature use the so-called envelopestructure parameter λ_{env} to estimate the envelope binding energy from basic stellar parameters in case a detailed model is not available

$$U_{\rm b,e} = -\frac{G M_* M_{\rm env}}{\lambda_{\rm env} R_*}.$$
(5.2)

De Kool et al. (1987) suggest that $\lambda_{env} \approx 0.5$. Since we calculate the binding energy of the stellar envelope accurately, we can invert Eq. 5.2 and calculate λ_{env} (see also Dewi & Tauris 2000). Figure 5.4 shows the results of these calculations as a function of the helium core mass, for the same selection of models as in Fig. 5.3. We see that a value of $\lambda_{env} = 0.5$ is a good approximation for the lower FGB of a low-mass star, or the FGB of a higher-mass star. A low-mass star near the tip of the first giant branch has a structure parameter between 0.5 and 1.5 and for most stars λ_{env} increases to more than unity rather quickly, especially when the stars expand to large radii and the binding energies come close to zero.



Figure 5.2: Helium-core-mass-orbital period tracks for the 'basic' models. The lines show the logarithm of the orbital period at which the Roche lobe is filled for grid models with masses of 1.01, 1.27, 1.59, 2.00, 2.52, 3.17, 3.99, 5.02 and $6.32 M_{\odot}$. The period was obtained from the radius of the model star, under the assumption that it fills its Roche lobe and the companion has a mass equal to the helium-core mass of the model. This way, the system would undergo a spiral-in that would lead to a binary with mass ratio q = 1. The line styles have the same meaning as in Fig. 5.1.

5.4.2 Chemical enrichment by accretion

The secondary that causes the common envelope may have gained mass by accretion during the first mass-transfer phase. If this mass transfer was stable, the secondary has probably accreted much of the envelope of the primary star. The deepest layers of the envelope of the donor are usually enriched with nuclear burning products, brought up from the core by a dredge-up process. This way, the secondary may have been enriched with especially helium which, in sufficiently large quantities, can have an appreciable effect on the opacity in the envelope of the star and thus its radius. This would change the core-mass–radius relation of the star and the common envelope it causes.

To see whether this effect is significant, we considered a number of binary models that evolved through stable mass transfer to produce a white dwarf and a main-sequence secondary. The latter had a mass between 2 and $5 M_{\odot}$ in the cases considered, of which 50–60% was accreted. We then took this secondary out of the binary and let it evolve up the asymptotic giant branch, to the point where the code picks up a shell instability and terminates. We



Figure 5.3: The logarithm of the binding energy of the 'basic' model stars as a function of the helium-core mass. The grid models with masses of 0.91, 1.01, 1.14, 1.30, 1.48, 1.63, 1.81, 2.00, 2.46, 2.79, 3.17, 3.70, 4.09, 4.65, 5.28, 6.00 and $6.82 M_{\odot}$ are shown. The 2.00 M_{\odot} model is drawn as a solid line, the line styles for the other models have the same meaning as in Fig. 5.1. The parts where the envelope binding energy is zero (before a helium core develops) or positive are not shown.

then compared this final model to a model of a single star with the same mass, but with solar composition, that was evolved to the same stage. In all cases the core mass–radius relations coincide with those in Fig. 5.1. When we compared the surface helium abundances of these models, after one or two dredge-ups, we found that although the abundances were enhanced appreciably since the ZAMS, they were enhanced with approximately the same amount and the relative difference of the helium abundance at the surface between the different models was always less than 1.5%. In some cases the model that had accreted from a companion had the lower surface helium abundance.

The small amount of helium enrichment due to accretion gives rise to such small changes in the core mass–radius relation, that we conclude that this effect can be ignored in our common-envelope calculations in Sect. 5.5.



Figure 5.4: The envelope-structure parameter λ_{env} for the 'basic' models, as a function of the helium-core mass. The same grid models are shown as in Fig. 5.3. The meaning of the line styles is explained in the caption of Fig. 5.1.

5.4.3 Wind mass loss

The mass loss of a star by stellar wind can change the mass of a star appreciably before the onset of Roche-lobe overflow, and the mass loss can influence the relation between the core mass and the radius of a star. From Fig. 5.1 it is already clear that this relation depends on the total mass of the star. In this section, we would therefore like to find out whether a conservative model star of a certain total mass and core mass has the same radius and envelope binding energy as a model with the same total mass and core mass, but that started out as a more massive star, has a strong stellar wind and just passes by this mass on its evolution down to even lower masses. We calculated a small grid of models with ten different initial masses between $1.0 M_{\odot}$ and $8.0 M_{\odot}$, evenly spread in log M and included a Reimers type mass loss (Reimers 1975) of variable strength:

$$\dot{M}_{\rm rml} = -4 \times 10^{-13} \, M_{\odot} \, {\rm yr}^{-1} \, C_{\rm rml} \, \left(\frac{L}{L_{\odot}}\right) \left(\frac{R}{R_{\odot}}\right) \left(\frac{M}{M_{\odot}}\right)^{-1}, \qquad (5.3)$$

where we have used the values $C_{\rm rml} = 0.2$, 0.5 and 1.0. The basic models of Sect. 5.4.1 are conservative and therefore have $C_{\rm rml} = 0$. The effect of these winds on the total mass of the model stars in our grid is displayed in Fig. 5.5. It shows the fraction of mass lost at the tip of the first giant branch (FGB) and the 'tip of the asymptotic giant branch' (AGB). The first



Figure 5.5: The fraction of mass lost at two moments in the evolution of a star as a function of its initial mass, for the three different wind strengths ($C_{\rm rml} = 0.2, 0.5$ and 1.0) used in the grid. This fraction is shown for the tip of the FGB (dashed lines and crosses), and the 'tip of the AGB' (dotted lines and plusses). See the text for details.

moment is defined as the point where the star reaches its largest radius before helium ignites in the core, the second as the point where the radius of the star reaches its maximum value while the envelope binding energy is still negative. Values for both moments are plotted in Fig. 5.5 for each non-zero value of $C_{\rm rml}$ in the grid. For the two models with the lowest masses the highest mass-loss rates are so high that the total mass is reduced sufficiently on the FGB to keep the star from igniting helium in the core, and the lines in the plot coincide. Stars more massive than $2 M_{\odot}$ have negligible mass loss on the FGB, because they have non-degenerate helium cores so that they do not ascend the FGB as far as stars of lower mass. Their radii and luminosities stay relatively small, so that Eq. 5.3 gives a low mass loss rate. For stars of $4 M_{\odot}$ or more, the mass loss is diminutive and happens only shortly before the envelope binding energy becomes positive. We can conclude that for these stars the wind mass loss has little effect on the core mass–radius relation.

The core mass-radius relations for a selection of the models from our wind grid are shown in Fig. 5.6. The Figure compares models without stellar wind with models that have the strongest stellar wind in our grid ($C_{\rm rml} = 1.0$). Models with the other wind strengths would lie between those shown, but are not plotted for clarity. The greatest difference in Fig. 5.6 is in the $1.0 M_{\odot}$ model. The heavy mass loss reduces the total mass of the star to



Figure 5.6: Comparison of a selection from the small grid of models with a stellar wind. The models displayed have masses of 1.0, 1.6, 2.5, 3.2, 4.0, 5.0 and $6.3 M_{\odot}$. The wind strength parameters are $C_{\rm rml} = 0.0$ (dotted lines) and $C_{\rm rml} = 1.0$ (solid lines, the strongest mass loss in the grid). Stars with mass loss are usually larger, but for models of $4.0 M_{\odot}$ or more this effect becomes negligible. The $1.0 M_{\odot}$ model loses so much mass that it never ignites helium in the core.

 $0.49 M_{\odot}$ on the first giant branch, so that the star is not massive enough to ignite helium in the core. Fig. 5.6 shows that models with mass loss are larger than conservative models for the same core mass, as one would expect from Fig. 5.1. This becomes clear on the FGB for stars that have degenerate helium cores, because they have large radii and luminosities and lose large amounts of mass there. For stars more massive than about $2 M_{\odot}$ the mass loss becomes noticeable on the AGB. Stars of $4 M_{\odot}$ or more show little difference in Fig. 5.6. The envelope binding energies have similar differences in the same mass regions.

The question is whether the properties of the model with reduced mass due to the wind are the same as those for a conservative model of that mass. In order to answer this question, we have compared the models from the 'wind grid' to the basic, conservative models. As the wind reduces the total mass of a model star, it usually reaches masses that are equal to that of several models in the conservative grid. As this happens, we interpolate linearly within the mass-losing model to find the exact moment where its mass equals the mass of the conservative model. We then use the helium-core mass of the interpolated mass-losing model to find the moment where the conservative model has the same core mass and we calculate its radius and envelope binding energy, again by linear interpolation. This way we can compare the two models at the moment in evolution where they have the same total mass and the same core mass. This comparison is done in Fig. 5.7. Figure 5.7a directly compares the radii of the two sets of models, in Fig. 5.7b the ratio of the two radii is shown.

Of the data points in Fig. 5.7b 83% lie between 0.9 and 1.1 and 61% between 0.95 and 1.05. For the wind models with $C_{\rm rml} = 0.2$ these numbers are 99% and 97%, and for the models with $C_{\rm rml} = 0.5$ they are 94% and 85% respectively. As can be expected, the models that have a lower — and perhaps a more realistic — mass-loss rate compare better to the conservative models. We see in Fig. 5.7a that many of the points that lie farther from unity need only a small shift in core mass to give a perfect match. This shift is certainly less than $0.05 M_{\odot}$, which is what we will adopt for the uncertainty of the white-dwarf masses in Sect. 5.5. We conclude here that there is sufficient agreement between a model that reaches a certain total mass because it suffers from mass loss and a conservative model of the same mass. The agreement is particularly good for stars high up on the FGB or AGB, where the density contrast between core and envelope is very large.

5.5 Second mass-transfer phase

For the formation of two white dwarfs in a close binary system, two phases of mass transfer must happen. We will call the binary system before the first mass transfer the *initial binary*, with masses and orbital period M_{1i} , M_{2i} and P_i . If one considers mass loss due to stellar wind before the first mass-transfer episode, these parameters are not necessarily equal to the ZAMS parameters, especially for large 'initial' periods. The binary between the two mass-transfer phases is referred to as the *intermediate binary* with M_{1m} , M_{2m} and P_m . After the two mass-transfer episodes, we obtain the *final binary* with parameters M_{1f} , M_{2f} and P_f , that should correspond to the values that are now observed and listed in Table 5.1. The subscripts '1' and '2' are used for the initial primary and secondary as defined in Sect. 5.2.

In the first mass transfer, the primary star fills its Roche lobe and loses mass, that may or may not be accreted by the secondary. This leads to the formation of the intermediate binary, that consists of the first white dwarf and a secondary of unknown mass. In the second mass-transfer phase, the secondary fills its Roche lobe and loses its envelope. The second mass transfer results in the observed double white dwarf binaries that are listed in Table 5.1 and must account for significant orbital shrinkage. This is because the youngest white dwarf must have been the core of its progenitor, the secondary in the intermediate binary. Stars with cores between 0.3 and $0.7 M_{\odot}$ usually have radii of several tens to several hundreds of solar radii, and the orbital separation of the binaries they reside in must be even larger than that. The orbital separation of the observed systems is typically only in the order of a few solar radii (Table 5.1). Giant stars with large radii have deep convective envelopes and when such a star fills its Roche lobe, the ensuing mass transfer will be unstable and occur on a very short, dynamical timescale, especially if the donor is much more massive than its companion. It is thought that the envelope of such a star can engulf its companion and this event is referred to as a *common envelope*. The companion and the core of the donor orbit



Figure 5.7: Comparison of a selection of grid models with $C_{\rm rml} = 1.0$ with initial masses of 1.3, 1.6, 2.0, 2.5 and 3.2 M_{\odot} to the basic models ($C_{\rm rml} = 0.0$). Upper panel (**a**): Comparison of the radius of the models with a stellar wind (solid lines) and the radius of a basic model with the same mass and core mass (plusses). Lower panel (**b**): The fraction of the radius of the wind model $R_{\rm w}$ over the radius of the basic model $R_{\rm b}$ with the same total and core mass. Each data point corresponds to a point in the upper panel. Of the data points in the upper panel, 7 out of 143 (5%) lie outside the plot boundaries in the lower panel. The dashed lines show the region where agreement is better than 10%, where 83% of the data points lie. The 1.0 M_{\odot} model was left out because there are only a few basic models with lower mass, the higher-mass models were left out because they lose very little mass (see Fig. 5.5).

inside the common envelope and drag forces will release energy from the orbit, causing the orbit to shrink and the two degenerate stars to spiral in. The freed orbital energy will heat the envelope and eventually expel it. This way, the hypothesis of the common envelope with spiral-in can phenomenologically explain the formation of close double-white-dwarf binaries.

5.5.1 The treatment of a spiral-in

In order to estimate the orbital separation of the post-common envelope system quantitatively, it is often assumed that the orbital energy of the system is decreased by an amount that is equal to the binding energy of the envelope of the donor star (Webbink 1984):

$$U_{\rm b,e} = -\alpha_{\rm ce} \left[\frac{GM_{\rm 1f}M_{\rm 2f}}{2a_{\rm f}} - \frac{GM_{\rm 1m}M_{\rm 2m}}{2a_{\rm m}} \right].$$
(5.4)

The parameter α_{ce} is the *common-envelope parameter* that expresses the efficiency by which the orbital energy is deposited in the envelope. Intuitively one would expect that $\alpha_{ce} \approx 1$. However, part of the liberated orbital energy might be radiated away from the envelope during the process, without contributing to its expulsion, thereby lowering α_{ce} . Conversely, if the common-envelope phase would last long enough that the donor star can produce a significant amount of energy by nuclear fusion, or if energy is released by accretion on to the white dwarf, this energy will support the expulsion and thus increase α_{ce} .

In the forward calculation of a spiral-in the final orbital separation a_f depends strongly on the parameter α_{ce} , which must therefore be known. In this section we will try to establish the binary systems that were the possible progenitors of the observed double white dwarfs and we will therefore perform *backward* calculations. The advantage of this is that we start as close as possible to the observations thus introducing as little uncertainty as possible. The problem with this strategy is that we do not know the mass of the secondary progenitor beforehand. We will have to consider this mass as a free parameter and assume a range of possible values for it. The grid of single-star models of Sect. 5.4 provides us with the total mass, core mass, radius and envelope binding energy at every moment of evolution, for a range of total masses between 0.8 and $10 M_{\odot}$. It is then not necessary to know the common-envelope parameter, and we can even calculate the α_{ce} that is needed to shrink the orbit of a model with a given mass to the observed period of the double white dwarf from the binding energy. We make two assumptions about the evolution of the two stars during the common envelope to perform these backward calculations:

- 1. the core mass of the donor does not change,
- 2. the mass of the companion does not change.

The first assumption will be valid if the timescale on which the common envelope takes place is much shorter than the nuclear-evolution timescale of the giant donor. This is certainly true, since the mass transfer occurs on the dynamical timescale of the donor. The second assumption is supported firstly by the fact that the companion is a white dwarf, a degenerate object that has a low Eddington accretion limit and is furthermore difficult to hit directly by a mass stream from the donor. The white dwarf could accrete matter in the Bondi-Hoyle fashion (Bondi & Hoyle 1944). This would not change the mass of the white dwarf significantly but could release appreciable amounts of energy. Secondly, a common envelope is established very shortly after the beginning of the mass transfer, so that the mass stream disappears and the white dwarf is orbiting inside the fast-expanding envelope rather than accreting mass from the donor. In the terminology used here, the second assumption can be written as $M_{1m} = M_{1f}$.

From the two assumptions above it follows that the mass of the second white dwarf, the one that is formed in the spiral-in, is equal to the helium-core mass of the donor at the moment it fills its Roche lobe. There is therefore a unique moment in the evolution of a given model star at which it could cause a common envelope with spiral-in and produce a white dwarf of the proper mass. Recall from Fig. 5.1b that although the second dredge-up reduces notably the helium-core mass of the more massive models in the grid, there is no overlap in core mass in the phases where the star could fill its Roche lobe on the first giant branch (solid lines) or asymptotic giant branch (dashed lines). The moment where the model star could produce a white dwarf of the desired mass in a common envelope with spiral-in is therefore defined by two conditions:

- 1. the helium-core mass of the model reaches the mass of the white dwarf,
- 2. the model star has its largest radius so far in its evolution.

The second restriction is necessary because stars can shrink appreciably during their evolution, as noted in Sect. 5.4.1. If the core of a model star obtains the desired mass at a point in the evolution where the star is smaller than it has been at some point in the past, then the star cannot fill its Roche lobe at the right moment to produce a white dwarf of the proper mass and therefore this star cannot be the progenitor of the white dwarf. This way, each model star has at most one moment in its evolution where it could fill its Roche lobe and produce the observed double white dwarf. If such a moment does not exist, the model star is rejected as a possible progenitor of the second white dwarf.

If the model star could be the progenitor of the youngest white dwarf in the observed system, the computer model gives us the radius of the donor star, that must be equal to the Roche-lobe radius. Under the assumption that the mass of the first white dwarf does not change in the common envelope, the mass ratio of the two stars $q_{2m} \equiv M_{2m}/M_{1m}$ and the Roche-lobe radius of the secondary star $R_{\text{Rl}2m}$ give us the orbital separation before the spiral-in a_m , where we use the fit by Eggleton (1983)

$$R_{\rm Rl2m} = a_{\rm m} \frac{0.49 \, q_{\rm 2m}^{2/3}}{0.6 \, q_{\rm 2m}^{2/3} + \ln\left(1 + q_{\rm 2m}^{1/3}\right)}, \quad 0 < q_{\rm 2m} < \infty.$$
(5.5)

Kepler's law finally provides us with the orbital period $P_{\rm m}$ of the intermediate system. The stellar model also gives the binding energy of the envelope of the donor $U_{\rm b,e}$ at the onset of

the common envelope and we can use Eq. 5.4 to determine the common-envelope parameter α_{ce} . We will use α_{ce} to judge the validity of the model star to be the progenitor of the second white dwarf. There are several reasons why a numerical solution can be rejected. Firstly, the proposed donor could be a massive star with a relatively small radius. Then a_m will be small and it might happen that $a_m < a_f \frac{M_{2m}}{M_{2t}}$, so that $\alpha_{ce} < 0$. This means that energy is needed to change the orbit from a_m to a_f , or even that $a_m < a_f$ and a spiral-in (if it can be called that) to the desired orbit will not lead to expulsion of the common envelope. Secondly, as mentioned above, α_{ce} is expected to be close, though not necessarily equal, to unity. However if the parameter is either much smaller or much larger than 1, we will consider the spiral-in to be 'physically unbelievable'. We arbitrarily chose the boundaries between which α_{ce} must lie for a believable spiral-in to be a factor of ten either way: $0.1 \le \alpha_{ce} \le 10$. We think that the actual value for α_{ce} should be more constrained than that because common-envelope evolution is thought to last only a short time so that there is little time to generate or radiate large amounts of energy, but keep the range as broad as it is to be certain that all possible progenitor systems are considered in our sample.

5.5.2 Results of the spiral-in calculations

We will now apply the stellar models of Sect. 5.4.1 as described in the previous section to calculate potential progenitors to the observed double white dwarfs as listed in Table 5.1. As input parameters we took the values $P_{\rm f} = P_{\rm orb}$ and $M_{2\rm f} = M_2$ from the table, and assumed that $M_{1\rm f} \equiv M_2/q_2$, where q_2 is the observed mass ratio listed in Table 5.1. We thus ignore for the moment any uncertainty in the observed masses. Figure 5.8 shows the orbital period $P_{\rm m}$ as a function of the secondary mass $M_{2\rm m}$. Each symbol is a solution to the spiral-in calculations and represents an intermediate binary system that consists of the first white dwarf of mass $M_{1\rm m} = M_{1\rm f}$, a companion of mass $M_{2\rm m}$ and an orbital period $P_{\rm m}$. The secondary of this system will fill its Roche lobe at the moment when its helium-core mass is equal to the mass of the observed white dwarf $M_{2\rm f}$, and can thus produce the observed double-white-dwarf system with a common-envelope parameter that lies between 0.1 and 10.

The solutions for each system in Fig. 5.8 seem to lie on curves that roughly run from long orbital periods for low-mass donors to short periods for higher-mass secondaries. This is to be expected, partially because higher-mass stars have smaller radii at a certain core mass than stars of lower mass (see Fig. 5.1) and thus fill their Roche lobes at shorter orbital periods, but mainly because the orbital period of a Roche-lobe filling star falls off approximately with the square root of its mass. The Figure also shows gaps between the solutions, for instance for WD 0957–666 and WD 1704+481a, between progenitor masses M_{2m} of about 2 and 2.5 M_{\odot} . These gaps arise because the low-mass donors on the left side of the gap ignite helium degenerately when the core mass is $0.47 M_{\odot}$, after which the star shrinks, whereas for stars with masses close to 2 M_{\odot} helium ignition is non-degenerate and occurs at lower core masses, reaching a minimum for stars with a mass of 2.05 M_{\odot} , where helium ignition occurs when the helium-core mass amounts to $0.33 M_{\odot}$ (see Fig. 5.1). Thus, for



Figure 5.8: Results of the spiral-in calculations, each individual symbol is a solution of the calculations and thus represents one pre-CE binary. The figure shows the logarithm of the orbital period of the intermediate binary $P_{\rm m}$ as a function of the secondary mass $M_{2\rm m}$. Different symbols represent different observed systems, as explained in the legend. System 1704a is the system listed in Table 5.1, 1704b is the same system, but with the reverse mass ratio. For solutions with $M_{2\rm m} < 2.5 M_{\odot}$, only every third solution is plotted for clarity. Around $M_{2\rm m} = 1.2$ and $\log P_{\rm m} = 2.8$ the symbols of WD 0135–052, WD 0136+768 and WD 1204+450 overlap due to the fact that they have similar white-dwarf masses. For comparison we show the lines of the solutions for (top to bottom) WD 0136+768, WD 0957–666 and WD 1101+364 taken from Nelemans et al. (2000), as described in the text.

white dwarfs with masses between 0.33 and $0.47 M_{\odot}$ there is a range of masses between about 1.5 and $3 M_{\odot}$ for which the progenitor has just ignited helium in the core, and thus shrunk, when it reaches the desired helium-core mass.

The dip and gap in Fig. 5.8 for WD 1101+364 (with $M_{2f} \approx 0.29M_{\odot}$) around $M_{2m} = 1.8 M_{\odot}$ can be attributed to the first dredge-up that occurs for low-mass stars ($M < 2.2 M_{\odot}$) early on the first giant branch. Stars with these low masses shrink slightly due to this dredge-up that occurs at core masses between about 0.2 and 0.33 M_{\odot} , the higher core masses for the more massive stars (see Fig. 5.1a). Stars at the low-mass (M_{2m}) side of the gap obtain the desired core mass just after the dredge-up, are relatively small and fill their Roche lobes at short periods. Stars with masses that lie in the gap reach that core mass while shrinking and cannot fill their Roche lobes for that reason. Stars at the high-mass end of the gap fill their Roche lobes just before the dredge-up so that this happens when they are relatively

large and therefore this happens at longer orbital periods.

For comparison we display as solid lines in Fig. 5.8 the results for the white-dwarf systems WD 0136+768, WD 0957–666 and WD 1101+364 (from top to bottom), as found by Nelemans et al. (2000) and shown in their Fig. 1. The differences between their and our results stem in part from the fact that the values for the observed masses have been updated by observations since their paper was published. To compensate for this we include dashed lines for the two systems for which this is the case. The dashed lines were calculated with their method but the values for the observed masses as listed in this chapter. By comparing the lines to the symbols for the same systems, we see that they lie in the same region of the plot and in the first order approach they give about the same results. However, the slopes in the two sets of results are clearly different. This can be attributed to the fact that Nelemans et al. (2000) used a power law to describe the radius of a star as a function of its core mass only. The change in orbital period with mass in their calculations is the result of changing the total mass in Kepler's law. Furthermore, they assumed that all stars with masses between 0.8 and 2.3 M_{\odot} have a solution, whereas we find limits and gaps, partially due to the fact that we take into account the fact that stars shrink and partially because in Fig. 5.8 only solutions with a restricted α_{ce} are allowed. On the other hand, we allow stars more massive than $2.3 M_{\odot}$ as possible progenitors.

In Fig. 5.9, we display the common-envelope parameter α_{ce} for a selection of the solutions with $0.1 \leq \alpha_{ce} \leq 10$ as a function of the unknown intermediate secondary mass M_{2m} . Each of the plot symbols has a corresponding symbol in Fig. 5.8. To produce these two figures, we have so far implicitly assumed that the masses of the two components are exact, so that there is at most one acceptable solution for each progenitor mass. This is of course unrealistic and it might keep us from finding an acceptable solution. At this stage we therefore introduce an uncertainty on the values for M_2 in Table 5.1 and take $M_{2f} = M_2 - 0.05 M_{\odot}, M_2 - 0.04 M_{\odot}, \ldots, M_2 + 0.05 M_{\odot}$. Meanwhile we assume that the mass ratio and orbital period have negligible observational error, because these errors are much smaller than those on the masses, and obtain the mass for the first white dwarf from $M_{1f} = M_{2f}/q_2$. Thus we have 11 pairs of values for M_{1f} and M_{2f} for each observed system, which we use as input for our spiral-in calculations. The results are shown in Fig. 5.10.

If we compare Fig. 5.8 and Fig. 5.10, we see that the wider range in input masses results in a wider range of solutions, similar to those we found in Fig. 5.8, but extended in orbital period. This can be understood intuitively, since lowering the white-dwarf mass demands a lower helium-core mass in the progenitor and thus a less evolved progenitor with a smaller radius at the onset of Roche-lobe overflow. Conversely, higher white-dwarf masses need more evolved progenitors that fill their Roche lobes at longer orbital periods. The introduction of this uncertainty clearly results in a larger and more realistic set of solutions for the spiral-in calculations and therefore should be taken into account.

Each system in Fig. 5.10 is a possible progenitor of one of the ten observed double white dwarfs listed in Table 5.1. We now turn to the question whether and how these intermediate systems can be produced.



Figure 5.9: The logarithm of the common-envelope parameter α_{ce} for the solutions of the spiral-in calculations shown in Fig. 5.8. Different symbols represent different observed systems. For $M_{2m} < 2.5 M_{\odot}$ every third solution is plotted only.

5.6 First mass-transfer phase

The solutions of the spiral-in calculations we found in the previous section are in our nomenclature *intermediate binaries*, that consist of one white dwarf and a non-degenerate companion. In this section we will look for an initial binary that consists of two zero-age main-sequence (ZAMS) stars of which the primary evolves, fills its Roche lobe, loses its hydrogen envelope, possibly transfers it to the secondary, so that one of the intermediate binaries of Fig. 5.10 is produced. The nature of this first mass transfer is a priori unknown. In the following subsections we will consider (1) stable and conservative mass transfer that will result in expansion of the orbit in most cases, (2) a common envelope with spiral-in based on energy balance (see Eq. 5.4) that usually gives rise to appreciable orbital shrinkage and (3) envelope ejection due to dynamically unstable mass loss based on angular-momentum balance, as introduced by Paczyński & Ziółkowski (1967) and already used by Nelemans et al. (2000) for the same purpose, which can take place without much change in the orbital period.



Figure 5.10: Results of the spiral-in calculations. This figure is similar to Fig. 5.8 and shows the orbital period of the pre-CE system as a function of the secondary mass. The solutions for each system are plotted in a separate panel, as labelled in the upper-right corner. All solutions with acceptable α_{ce} are plotted. The number of solutions for each system is shown in the lower-right corner. We assumed an uncertainty in M_{2f} of $0.05 M_{\odot}$ and calculated M_{1f} using q_2 .

5.6.1 Conservative mass transfer

In this section we will find out which of the spiral-in solutions of Fig. 5.10 may be produced by stable, conservative mass transfer. We use the binary evolution code described in Sect. 5.3. For simplicity, we ignore stellar wind and the effect of stellar spin on the structure of the star. Because we assume conservative evolution, the total mass of the binary is constant, so that $M_{1i} + M_{2i} = M_{1m} + M_{2m}$, where the last two quantities are known. Also, we ignore angular momentum exchange between spin and orbit by tidal forces, so that the orbital angular momentum is conserved. This implies that

$$\frac{P_{\rm m}}{P_{\rm i}} = \left(\frac{M_{\rm 1i}\,M_{\rm 2i}}{M_{\rm 1m}\,M_{\rm 2m}}\right)^3.\tag{5.6}$$

Because of the large number of possible intermediate systems we will first remove all

such systems for which it can a priori be shown that they cannot be produced by conservative mass transfer. These systems have orbital periods that are either too short or too long to be formed this way. We can find a lower limit to the intermediate period as a function of secondary mass M_{2m} using the fact that the total mass of the initial system must be equal to the sum of the mass of the observed white dwarf M_1 and M_{2m} . We distributed this mass equally over two ZAMS stars and set the Roche-lobe radii equal to the two ZAMS radii. By substituting the initial and desired masses in Eq. 5.6 we find a lower limit to the period of the intermediate binary, which we will call P_{\min} .

An upper limit to the intermediate period $P_{\rm m}$ can also be obtained. In order to do this, we note that the maximum orbital period after conservative mass transfer for a given binary mass is obtained for an optimum initial mass ratio $q_{2i,\rm opt} = 0.62$ (Nelemans et al. 2000). We can therefore calculate the masses $M_{1i,\rm opt}$ and $M_{2i,\rm opt}$ of the initial binary that evolves to that maximum intermediate period by distributing the total system mass ($M_1 + M_{2m}$) according to the mass ratio $q_{2i,\rm opt}$. The optimum initial period is the maximum period at which stable mass transfer can still occur in a binary with masses $M_{1i,\rm opt}$ and $M_{2i,\rm opt}$. This is the orbital period at which the donor star fills its Roche lobe just before it reaches the base of the giant branch (BGB). We use the conditions by Hurley et al. (2000) who define this point as the moment where the mass of the convective envelope $M_{\rm CE}$ exceeds a certain fraction of the total mass of the hydrogen envelope $M_{\rm E}$ for the first time:

$$M_{\rm CE} = \frac{2}{5} M_{\rm E}, \qquad M_{\rm 1i,opt} \le 1.995 \, M_{\odot}, M_{\rm CE} = \frac{1}{3} M_{\rm E}, \qquad M_{\rm 1i,opt} > 1.995 \, M_{\odot},$$
(5.7)

for Z = 0.02. We then find from our grid of Sect. 5.4 the two single-star models with masses that bracket $M_{1i,opt}$ and interpolate within these models to find the radii of these stars where the condition of Eq. 5.7 is fulfilled for the first time. Subsequently, we interpolate again between these two bracketing models to find the radius of the star with the desired mass at the base of the giant branch (R_{BGB}). By assuming that this radius is equal to the Roche-lobe radius and using Eq. 5.5, the initial masses and period that lead to the maximum intermediate period are known and we can use Eq. 5.6 to find this upper limit to the intermediate period, which we will call P_{max} , as a function of the secondary mass. All intermediate systems that result from our spiral-in calculations and have longer orbital periods than P_{max} cannot result from conservative mass transfer.

The lower and upper limits for the orbital period between which a conservative solution must lie for WD 0957–666 are shown in Fig. 5.11 together with the intermediate systems found from the spiral-in calculations. Black dots represent solutions that lie between the limits and could match the outcome of a conservative model, grey dots lie outside these limits and cannot be created by conservative mass transfer. There is a slight difference between the dashed lines and the division between filled and open symbols in the Figure, because the spiral-in solutions are shown with the uncertainty in the masses described in the previous section, whereas the period limits are only shown for the measured M_2 and q_2 (see Table 5.1) for clarity.

After selecting the spiral-in solutions that lie between these period limits for all eleven systems, we find that such solutions exist for only six of the observed binaries, as



Figure 5.11: Results of the spiral-in calculations for WD 0957–666 with period limits for a conservative first mass transfer. This figure contains the same data as the third panel in Fig. 5.10 (symbols) plus the period limits P_{\min} and P_{\max} (dashed lines). The solutions that lie between these limits are shown in black, the others in grey. See the main text for details.

shown in Fig. 5.12. We tried to model these intermediate systems with the binary evolution code described in Sect. 5.3. Because of the large number of allowed spiral-in solutions for WD 0957–666 and WD 1101+364, we decided to model about half of the solutions for these two systems and all of the solutions for the other four. Because we assume that during this part of the evolution mass and orbital angular momentum are conserved, the only free parameter is the initial mass ratio $q_{1i} \equiv M_{1i}/M_{2i}$. For each of the spiral-in solutions we selected, we chose five different values for q_{1i} , evenly spread in the logarithm: 1.1, 1.3, 1.7, 2.0 and 2.5. The total number of conservative models that we calculated is 570, of which 270 resulted in a double white dwarf. The majority of the rest either experienced dynamical mass transfer or evolved into a contact system. A few models were discarded because of numerical problems. The results of the calculations for the conservative first mass transfer are compared to the solutions of the spiral-in calculations in Fig. 5.13.

The systems that result from our conservative models generally have longer orbital periods than the intermediate systems that we are looking for. This means that stable mass transfer in the models continues beyond the point where the desired masses and orbital period are reached. The result is that M_{1m} is too small and that M_{2m} and P_m are too large. The reason that mass transfer continues is that the donor star is not yet sufficiently evolved:



Figure 5.12: Results of the spiral-in calculations with period limits for conservative mass transfer as in Fig. 5.11, but for all systems. The number in the upper left corner of each panel is the number of systems that lie between the period limits.

the helium core is still small and there is sufficient envelope mass to keep the Roche lobe filled. White dwarfs of higher mass would result from larger values of q_{1i} . This way, the initial primary is more massive and the initial period is longer, so that the star fills its Roche lobe at a slightly later stage in evolution. Both effects increase the mass of the resulting white dwarf. However, if once chooses the initial mass ratio too high, the system evolves into a contact binary or, for even higher q_{1i} , mass transfer becomes dynamically unstable. In both cases the required intermediate system will not be produced. These effects put an upper limit to the initial mass ratio for which mass transfer is still stable, and thus an upper limit to the white-dwarf mass that can be produced with stable mass transfer for a given system mass. Our calculations show that conservative models with an initial mass ratio of 2.5 produce no double white dwarfs. Apparently this value of q_{1i} is beyond the upper limit. The solutions in Fig. 5.14 with a final mass ratio close to or in agreement with the observations come predominantly from the models with initial mass ratios of 1.7 and 2.0.

Because small deviations in the masses and orbital period of the intermediate systems can still lead to acceptable double white dwarfs, we monitor the evolution of these systems to the point where the secondary fills its Roche lobe and determine the mass of the second



Figure 5.13: Results of the spiral-in calculations (grey symbols), obtained as in Fig. 5.11, and the solutions of calculations of conservative evolution (black symbols). Only the six systems shown have spiral-in solutions within the period limits (see Fig. 5.12). The numbers in the lower left and lower right corners are the numbers of plotted spiral-in solutions and conservative solutions respectively.

white dwarf M_{2f} from the helium-core mass of the secondary at that point. Because the secondary in the intermediate binary is slightly too massive in most cases, it is smaller at a given core mass (see Fig. 5.1) so that the mass of the second white dwarf becomes larger than desired. Combined with an undermassive first white dwarf this results in a too large mass ratio q_{2f} . This is shown in Fig. 5.14, where the values for q_{2f} for our conservative models are compared to the observations. The Figure also shows the difference in age of the system between the moment where the second white dwarf was formed and the moment when the first white dwarf was formed $(\Delta \tau)$. This difference should be similar to the observed difference in cooling age between the two components of the binary (see Table 5.1). The vertical dotted lines show this observed cooling-age difference with an uncertainty of 50%.

Figure 5.14 shows that of the six systems presented, only two have a mass ratio within the observed range, although values for the other systems may be close. We see that the mass ratios of the solutions for most of the systems are divided in two groups and the difference in mass ratio can amount to a factor of 2 between them. The division arises because in most



Figure 5.14: The mass ratio of model double white dwarfs formed by a conservative first mass transfer and a common envelope with spiral-in, against the age difference between the two components. The dashed horizontal lines show the observed range of possible mass ratios as shown in Table 5.1. The dotted vertical lines are the estimated cooling-age differences $\pm 50\%$ (see Table 5.1).

models the common envelope is supposed to occur on the short giant branch of stars that are more massive than $2 M_{\odot}$. If the secondary is slightly smaller and the orbital period slightly longer than it should be, the star can ignite helium in its core and start shrinking before it has expanded sufficiently to fill its Roche lobe. When this star expands again after core helium exhaustion, it has a much more massive helium core and produces a much more massive white dwarf than desired (see Fig. 5.1). Thus, a small offset in the parameters of the model after the first mass-transfer phase can result in large differences after the spiral-in. Of the 270 stable models shown in Fig. 5.14, 126 (47%) are in the group with lower mass ratios ($q_{2f} \leq 1.7$).

The modelled mass ratios for the systems WD 0957–666 and WD 1101+364 are close to the observed values, and we find that this is especially true for the models on the low-mass end of the range in observed white-dwarf masses we used. This can be understood, because the maximum mass of a white dwarf that can be created with conservative mass transfer is set by the total mass in the system. The system mass is determined by the spiral-in calculations in Sect. 5.5.2, where we find that the total mass that is available to create these two systems lies between about 2 and $3.5 M_{\odot}$. This system mass is simply insufficient to create white dwarfs with the observed masses. If we would extend the uncertainty in the observed masses to allow lower white-dwarf masses, it seems likely that we could explain these two double white dwarfs with a conservative mass-transfer phase followed by a common envelope with spiral-in. The same could possibly be achieved with stable, non-conservative mass transfer. Losing mass from the system stabilises the mass transfer, so that it can still be stable for slightly longer initial periods, and allows higher initial primary masses. Both effects result in higher white-dwarf masses.

All 126 stable solutions in the lower group of mass ratios ($q_{2\rm f} \lesssim 1.7$) have $\alpha_{\rm ce} > 1$ and 83 (66%) have $\alpha_{\rm ce} < 5$. If we become more demanding and insist that $\alpha_{\rm ce}$ should be less than 2, we are left with 14 solutions, all for WD 0957–666. These solutions all have $\alpha_{\rm ce} > 1.6$. If we additionally demand that the age difference of these models be less than 50% from the observed cooling-age difference, only 6 solutions are left with age differences roughly between 190 and 410 Myr, $\alpha_{\rm ce} > 1.8$ and $1.32 \le q_{2\rm f} \le 1.44$.

We conclude that although the evolutionary channel of conservative mass transfer followed by a spiral-in can explain some of the observed systems, evolution along this channel cannot produce all observed double white dwarfs. We must therefore reject this formation channel as the single mechanism to create the white-dwarf binaries. The reason that this mechanism fails to explain some of the observed white dwarfs is that the observed masses for the first white dwarfs in these systems are too high to be explained by conservative mass transfer in a binary with the total mass that is set by the spiral-in calculations. Allowing for mass loss from the system during mass transfer could result in better matches for this mechanism. However it is clear from Fig. 5.12 that this will certainly not work for at least 5 of the 10 observed systems because their orbital periods are too large. We will need to consider other mechanisms in addition to stable mass transfer to produce the observed white-dwarf primaries for these systems.

5.6.2 Unstable mass transfer

In this section we try to explain the formation of the first white dwarf in the intermediate systems shown in Fig. 5.10 by unstable mass transfer. Mass transfer occurs on the dynamical timescale if the donor is evolved and has a deep convective envelope. There are two prescriptions that predict the change in orbital period in such an event. The first is a classical common envelope with a spiral-in, based on energy conservation as we have used in Sect. 5.5. The second prescription was introduced by Nelemans et al. (2000) and further explored by Nelemans & Tout (2005) and uses angular-momentum balance to calculate the change in orbital period. Where the first prescription results in a strong orbital shrinkage (spiral-in) for all systems, in the second mechanism this is not necessarily the case so that the orbital period may hardly change while the envelope of the donor star is lost.

In both scenarios we are looking for an initial binary of which the components have masses M_{1i} and M_{2i} . The primary will evolve fastest, fill its Roche lobe and eject its envelope due to dynamically unstable mass loss, so that its core becomes exposed and forms a white dwarf with mass M_{1m} . We assume that the mass of the secondary star does not change during this process, so that $M_{2i} = M_{2m}$. We use the model stars from Sect. 5.4.1 as the possible progenitors for the first white dwarf. The orbital period before the envelope ejection is again determined by setting the radius of the model star equal to the Roche-lobe radius and applying Eq. 5.5, where the subscripts 'm' must be replaced by 'i'.

Because we demand that $M_{1i} > M_{2i}$, the original secondary can be any but the most massive star from our grid and the total number of possible binaries in our grid is $\sum_{n=1}^{198} n =$ 19701 for each system we want to model. The total number of systems that we try to model is 121: the 11 observed systems (the 10 from Table 5.1 plus the system WD 1704+481b) times 11 different assumptions for the masses of the observed stars (between $\pm 0.05 M_{\odot}$ from the observed value). We have thus tried slightly less than 2.4 million initial binaries to find acceptable progenitors to these systems. All these possible progenitor systems have been filtered by the following criteria, in addition to the ones already mentioned in Sect. 5.5:

- 1. the radius of the star is larger than the radius at the base of the giant branch $R > R_{BGB}$, which point is defined by Eq. 5.7,
- 2. the mass ratio is larger than the critical mass ratio for dynamical mass transfer $q > q_{\rm crit}$ as defined by Eq. 57 of Hurley et al. (2002). Together with the previous criterium, this ensures that the mass transfer can be considered to proceed on the dynamical timescale,
- 3. the time since the ZAMS after which the first white dwarf is created τ_1 is less than the same for the second white dwarf (τ_2) and, additionally, $\tau_2 < 13$ Gyr.

After we filter the approximately 2.4 million possible progenitor systems with the criteria above, about 204,000 systems are left in the sample (8.5%) for which two subsequent envelope-ejection scenarios could result in the desired masses, provided that we can somehow explain the change in orbital period that is needed to obtain the observed periods. For each of the two prescriptions for dynamical mass loss we will see whether this sample contains physically acceptable solutions in the sections that follow.

Classical common envelope with spiral-in

The treatment of a classical common envelope with spiral-in based on energy conservation has been described in detail in Sect. 5.5 and therefore need not be reiterated here. In the calculations described above, Eq. 5.4 provides us with the parameter α_{ce1} for the first spiral-in. In order to use Eq. 5.4 the subscripts 'm' must be replaced by 'i' and the subscripts 'f' by 'm'. The values of the common-envelope parameter for the first spiral-in must be physically acceptable and we demand that $0.1 \le \alpha_{ce1} \le 10$. When we apply this criterion to the results of our calculations, only 25 possible progenitors out of the 204,000 binaries in our sample survive. All 25 survivors are solutions for WD 0135–052 and have $\alpha_{ce1} \gtrsim 2.5$.

We find that of the systems that pass the criterion in the second spiral-in and have $0.1 \leq \alpha_{ce2} \leq 10$, most (99%) need a negative α_{ce1} in order to satisfy Eq. 5.4, so that we reject them. We can clearly conclude that the scenario of two subsequent classical common envelopes with spiral-in can be rejected as the formation mechanism for any of the observed double white dwarfs. This confirms the conclusions of Nelemans et al. (2000) and Nelemans & Tout (2005), based on the value of the product $\alpha_{ce} \lambda_{env}$, where λ_{env} is the envelope-structure parameter defined in Eq. 5.2.

Envelope ejection with angular-momentum balance

The idea to determine the change in orbital period in a common envelope from balance of angular momentum originates from Paczyński & Ziółkowski (1967). In Nelemans et al. (2000) and Nelemans & Tout (2005) the mechanism was used to model observed double white dwarfs. The principle is similar to that of a classical common envelope, here with an efficiency parameter that we will call γ in the general case. In this section we will use three slightly different prescriptions for mass loss with angular-momentum balance requiring three different definitions of γ . For all three mechanisms the mass loss of the donor is dynamically unstable and its envelope is ejected from the system. Because not all of these mechanisms necessarily involve an envelope that engulfs both stars, we shall refer to them as envelope ejection or dynamical mass loss rather than common-envelope evolution. The first mechanism is that defined by Nelemans et al. (2000), where a common envelope is established first, after which the mass is lost from its surface. The mass thus carries the average angular momentum of the system and we will call the parameter for this mechanism $\gamma_{\rm s}$. In the second mechanism the mass is first transferred and then re-emitted with the specific angular momentum of the accretor. We will designate γ_a for this mechanism. In the third mechanism the mass is lost directly from the donor in an isotropic wind and the corresponding parameter is $\gamma_{\rm d}$. We will call the companion to the donor star 'accretor', even if no matter is actually accreted.

The prescription for dynamical mass loss with the specific angular momentum of the system as the mechanism for the first mass-transfer phase, using this and earlier subscript conventions, is:

$$\frac{J_{\rm i} - J_{\rm m}}{J_{\rm i}} = \gamma_{\rm s1} \, \frac{M_{\rm 1i} - M_{\rm 1m}}{M_{\rm 1i} + M_{\rm 2i}},\tag{5.8}$$

where J is the total orbital angular momentum (Nelemans et al. 2000). Our demands for a physically acceptable solution to explain the observed binaries is now $0.1 \le \gamma_{s1} \le 10$ for the first envelope ejection and $0.1 \le \alpha_{ce2} \le 10$ for the second. From the set of about 204,000 solutions we found above, almost 150,000 (72%) meet these demands and nearly 134,000 solutions (66%) have values for γ_{s1} between 0.5 and 2, in which all observed systems are represented.

We tried to constrain the ranges for γ_{s1} and α_{ce2} as much as possible, thereby keeping at least one solution for each observed system. We can write these ranges as $(\gamma_0 - \frac{\Delta\gamma}{2}, \gamma_0 + \frac{\Delta\gamma}{2})$ and $(\alpha_0 - \frac{\Delta\alpha}{2}, \alpha_0 + \frac{\Delta\alpha}{2})$, where γ_0 and α_0 are the central values and $\Delta\gamma$ and $\Delta\alpha$ are the widths of each range. We independently varied γ_0 and α_0 and for each pair we took the smallest values of $\Delta\gamma$ and $\Delta\alpha$ for which there is at least one solution for each observed system that lies within both ranges. The set of smallest ranges thus obtained is considered to be the best range for γ_{s1} and α_{ce2} that can explain all systems. Because it is harder to trifle with the angular-momentum budget than with that of energy, we kept the relative width of the range for γ_{s1} twice as small as that for $\alpha_{ce2} (2\frac{\Delta\gamma}{\gamma_0} = \frac{\Delta\alpha}{\alpha_0})$. Our calculations show that changing this factor merely redistributes the widths over the two ranges without affecting the central values much and thus precisely which factor we use seems to be unimportant for the result. We find that the set of narrowest ranges that contain a solution for each system is $1.45 \le \gamma_{s1} \le 1.58$ and $0.61 \le \alpha_{ce2} \le 0.72$. These results are plotted in Fig. 5.15.

We can alternatively treat the second envelope ejection with the angular-momentum prescription as well, where we need to introduce a factor γ_{s2} by replacing all subscripts 'm' by 'f' and all subscripts 'i' by 'm' in Eq. 5.8. Again we search for the narrowest ranges of γ_{s1} and γ_{s2} that contain at least one solution per observed system. We now force the relative widths of the two ranges to be equal. The best solution is then $1.16 \le \gamma_{s1} \le 1.22$ and $1.62 \le \gamma_{s2} \le 1.69$.

In both prescriptions above ($\gamma_{s1}\alpha_{ce2}$ and $\gamma_{s1}\gamma_{s2}$) we find that the values for γ lie significantly above unity. This is in accordance with the findings of Nelemans et al. (2000) and Nelemans & Tout (2005), but slightly discomforting because there is no obvious physical mechanism that can transfer this extra angular momentum to the gas of the envelope. We will therefore rewrite Eq. 5.8 for the case where the mass is lost with the specific angular momentum of one of the stars in the binary, so that we can expect that $\gamma \approx 1$. In order to do this we use the equations derived by Soberman et al. (1997) in their Section 2.1. We ignore the finite sizes of the star by putting $A_w = 1$ and assume that no matter is accreted, so that $\alpha_w + \beta_w = 1$ and $\epsilon_w = 0$, where we introduced the subscript 'w' to avoid confusion with α_{ce} . Their Eq. 24 then gives (replacing their notation by ours):

$$\frac{J_{\rm m}}{J_{\rm i}} = \left(\frac{q_{\rm m}}{q_{\rm i}}\right)^{\alpha_{\rm w}} \frac{1+q_{\rm i}}{1+q_{\rm m}},\tag{5.9}$$

where we will consider the cases where $\alpha_{\rm w} = 0$ (hence $\beta_{\rm w} = 1$), describing isotropic reemission by the accretor, and $\alpha_{\rm w} = 1$ for an isotropic wind from the donor. Their q is defined as $m_{\rm donor}/m_{\rm accretor}$. We can now rewrite Eq. 5.8 for these two cases:

$$\frac{J_{\rm i} - J_{\rm m}}{J_{\rm i}} = \gamma_{\rm a1} \, \frac{M_{\rm 1i} - M_{\rm 1m}}{M_{\rm 1m} + M_{\rm 2m}} \ (\alpha_{\rm w} = 0), \tag{5.10}$$

$$\frac{J_{\rm i} - J_{\rm m}}{J_{\rm i}} = \gamma_{\rm d1} \frac{M_{\rm 1i} - M_{\rm 1m}}{M_{\rm 1m} + M_{\rm 2m}} \frac{M_{\rm 2i}}{M_{\rm 1i}} \quad (\alpha_{\rm w} = 1).$$
(5.11)

By comparing Eq. 5.8 to Eq. 5.10, we can directly see that for an envelope ejection with given masses and angular momenta, $\gamma_a < \gamma_s$ must hold in order to keep it satisfying the equation. For Eq. 5.11, this is not necessarily true for a first envelope ejection but the effect is even stronger for all second envelope ejections considered in this chapter. The results of the analysis described above, but now for the modified definitions of γ , for the $\gamma \alpha$ and $\gamma \gamma$ scenarios, each with $\alpha_w = 0$ (isotropic re-emission) and $\alpha_w = 1$ (donor wind) are shown in Table 5.2 and compared to the previous results.

We see that the values for γ change drastically, as may be expected. The fact that the values for α_{ce} change slightly has to do with the fact that we now select different solutions to the calculations than before. Numerically, the fifth solution in the table seems the most attractive: $\gamma_{d1} \approx 1.0$ and $\alpha_{ce2} \approx 0.6$. Although the value for α_{ce2} is lower than unity, it may not be unrealistic that 40% of the freed orbital energy is emitted by radiation. This is the scenario where the mass is lost in an isotropic wind by the donor in the first dynamical



Figure 5.15: Solutions for the double dynamical mass-loss scenario for each system. Each dot represents one system that evolves through an episode of dynamical mass loss with γ_{s1} and then a common envelope with spiral-in with α_{ce2} to form one of the observed white dwarfs. Upper panel: (a): the value for $\log \gamma_{s1}$ for the first envelope ejection for all solutions with $0.1 \le \gamma_{s1} \le 10$ and $0.1 \le \alpha_{ce2} \le 10$. Solutions with $0.61 \le \alpha_{ce2} \le 0.72$ (the dashed lines in (b)) are plotted as large dots, the rest as small ones. Lower panel: (b): the value for $\log \alpha_{ce2}$ for the second envelope ejection for the same set of solutions. Here, the large dots have $1.45 \le \gamma_{s1} \le 1.58$ (the dashed lines in (a)). The smallest set with at least one solution for each system is the intersection of these two sets (the large dots that lie between the dashed lines). The vertical position of each dot within its line shows the deviation from the observed secondary mass M_2 : $M_{2f} = M_2 - 0.05 M_{\odot}$ for the lower dots, $M_{2f} = M_2 + 0.05 M_{\odot}$ for the upper. The Figure is made after Nelemans & Tout (2005).

Prescription	γ_1	$\gamma_{0,1}$	$\gamma_2/lpha_{ m ce2}$	$\gamma_{0,2}/\alpha_{0,2}$
$\gamma_{\rm s1} \alpha_{\rm ce2}$	1.45–1.58	1.52	α : 0.61–0.72	α : 0.66
$\gamma_{\mathrm{s}1}\gamma_{\mathrm{s}2}$	1.16-1.22	1.19	$\gamma: 1.62 {-} 1.69$	γ : 1.65
$\gamma_{a1}\alpha_{ce2}$	0.81-0.94	0.88	α : 0.50–0.68	α : 0.59
$\gamma_{\mathrm{a}1}\gamma_{\mathrm{a}2}$	0.50-0.52	0.51	$\gamma: 0.68 {-} 0.70$	γ : 0.69
$\gamma_{\rm d1} \alpha_{\rm ce2}$	0.92 - 1.08	1.00	α : 0.47–0.64	α : 0.56
$\gamma_{ m d1}\gamma_{ m d2}$	0.91-1.07	0.99	$\gamma: 2.55 - 3.02$	γ : 2.78

Table 5.2: Narrowest ranges for γ and α_{ce} that contain at least one solution to the envelopeejection scenario per observed system and their central values. The six different prescriptions are explained in the main text.

mass-loss episode and the second mass loss is a canonical common envelope with spiral-in. We also see that the best solutions with a second envelope ejection based on the angularmomentum prescription obtained with this method has values for γ that lie much farther from unity than the γ -values for the $\gamma \alpha$ -scenarios.

5.6.3 Formation by multiple mechanisms

So far, we assumed that all ten observed double white dwarfs were formed by one and the same mechanism. Although some mechanisms are clearly better in explaining the formation of all the observed systems than others, none of them is completely satisfactory, mainly because the parameters γ or α_{ce} are far from the desired values. Furthermore, there is no reason why the ten systems should all have been formed by the same mechanism in nature if there are several options available. We therefore slightly change our strategy here by assuming that different envelope-ejection prescriptions, described in Sect. 5.6.2, can play a role in the formation of the observed systems.

For the dynamical mass loss, we now demand that γ and α_{ce} are close to unity. Because angular momentum should be better conserved than energy, we accept solutions with $0.95 < \gamma < 1.05$ and $0.90 < \alpha_{ce} < 1.10$, except for the mechanism described by Eq. 5.8, for which Nelemans & Tout (2005) show that all systems can be explained with $1.50 < \gamma < 1.75$, which we reduce to $1.54 < \gamma < 1.71$ to give it the same relative width. For each observed system and each mechanism, we look whether there is at least one solution with a envelopeejection parameter within these ranges. The results are shown as the first symbol in each entry of Table 5.3. The plus signs show which mechanism can explain the mass ratio of an observed double white dwarf. The table shows that although none of the mechanisms can explain all observed systems within the chosen ranges of γ and α_{ce} , the second-last column shows that a combination of these mechanisms can. The table also indicates that mechanisms containing only γ_s and none of the other γ 's cannot explain all systems. The same is true for γ_a and γ_d . If we expand the chosen ranges for γ and α_{ce} with a factor of two, our calculations show that the mechanisms $\gamma_s \gamma_s$ and $\gamma_d \gamma_a$ can explain the mass ratios of all systems. Expanding the allowed ranges in this way more than quadruples the total

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System	1:	2:	3:	4:	5:	6:	Opt.	Best
•	$\gamma_{\rm s} \alpha_{\rm ce}$	$\gamma_{ m s}\gamma_{ m s}$	$\gamma_{\rm a} \alpha_{\rm ce}$	$\gamma_{\mathrm{a}}\gamma_{\mathrm{a}}$	$\gamma_{\rm d} \alpha_{\rm ce}$	$\gamma_{ m d}\gamma_{ m a}$	res.	mech.
0135	-/-	$+/\sim$	-/-	-/-	+/~	+/-	$+/\sim$	2,5
0136	+/+	+/+	$+/\sim$	_/_	+/+	-/-	+/+	1,2,5
0957	+/+	+/+	+/+	+/+	+/+	$+/\sim$	+/+	1–5
1101	$+/\sim$	+/-	$+/\sim$	+/-	_/_	_/_	$+/\sim$	1,3
1115	$+/\sim$	+/~	+/+	$+/\sim$	+/+	_/_	+/+	3,5
	,	,	,	,	,	,	,	
1204	_/_	-/-	_/_	_/_	+/-	+/-	+/-	5,6
1349	+/+	+/+	+/+	_/_	+/+	_/_	+/+	1,2,3,5
1414	_/_	_/_	_/_	_/_	_/_	+/+	+/+	6
1704a	+/-	+/-	_/_	+/-	_/_	+/-	+/-	1,2,4,6
1704b	+/-	· +/-	+/-	· +/-	· +/-	+/-	+/-	1–6
2209	_/_	+/+	_/_	+/+	_/_	+/~	+'/+	2,4

Table 5.3: Comparison of the different mechanisms used to reconstruct the observed double white dwarfs. The symbols +, \sim and - mean that the model solutions are in good, moderate or bad agreement with the observations. The first of the two symbols in each column is based on the mass ratio only and the second includes the age difference. The method for obtaining the first symbol in each entry is described in Sect. 5.6.3, that for the second symbol in Sect. 5.6.4. The symbols in the headers of the columns labelled 1–6 are explained in the main text. The columns for $\gamma_a \gamma_d$ and $\gamma_d \gamma_d$ were left out because they do not contain any solutions. The last two columns show the optimum result and the mechanisms that give this result (1–6).

number of solutions from 7866 to 36867.

5.6.4 Constraining the age difference

The large number of solutions found in the previous section allows us to increase the number of selection criteria that we use to qualify a solution as physically acceptable. We now include the age difference of the components in our model systems and demand that it is comparable to the observed cooling-age difference for that system. The age difference in our models is the difference in age at which each of the components fills its Roche lobe and causes dynamical mass loss.

Table 5.4 lists the number of model solutions for each mechanism and each system. The columns labelled 1–6 are the same as those in Table 5.3. The first number in each of these columns is the number of solutions that is found within the same ranges for γ and α_{ce} as we used in Table 5.3. This means that a minus sign in that table corresponds to a zero in Table 5.4. Behind the entries with a positive number of solutions the range of age difference that these solutions span is shown. Again, the columns for $\gamma_a \gamma_d$ and $\gamma_d \gamma_d$ are not displayed, because they do not contain any solutions for any system. We have to expand the γ -ranges

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	2209		1704b		1704a		1414		1349		1204		1115		1101		0957		0136		0135		System
	250-750		10 - 30		-3010		100 - 300		;		40-120		80-240		108 - 323		163–488		225-675		175-525	(Myr)	Obs. $\Delta \tau$
	0	519-553	З,	858-1020	З,		0	64-235	13,		0	368-1019	159,	995-10910	318,	352-818	36,	44-281	35,		0	1: $\gamma_{\rm s} \alpha_{\rm ce}$	Number of so
87-781	188,	217-364	17,	216-1381	98,		0	64–235	19,		0	313-550	80,	2202-10917	941,	144–3601	1925,	43-237	32,	1131	I,	2: $\gamma_{\rm s}\gamma_{\rm s}$	lutions and model
	0	465	I,		0		0	64-134	5,		0	182-841	157,	857-9124	242,	163-506	59,	76–94	2,		0	3: $\gamma_{\rm a} \alpha_{\rm ce}$	age differences ()
456-1115	206,	199-781	43,	1565-3313	218,		0		0		0	552–998	378,	5897-9577	91,	308-3387	292,		0		0	4: $\gamma_a \gamma_a$	Myr)
	0	536-553	2,		0		0	64-905	101,	1329-3780	46,	240–758	19,		0	352-851	30,	44-418	58,	1302 - 2610	49,	5: $\gamma_{\rm d} \alpha_{\rm ce}$	
1012 - 2041	26,	181-1771	237,	2735-5386	17,	36-385	34,		0	2101-6161	75,		0		0	490–12094	1554,		0	2067-5620	56,	6: $\gamma_{\rm d}\gamma_{\rm a}$	

 $0.95 < \gamma_{\rm a} < 1.05, \, 0.95 < \gamma_{\rm d} < 1.05 \text{ and } 0.90 < \alpha_{\rm ce} < 1.10.$ solutions for each scenario followed by the range in age difference of these solutions in Megayears. The columns with $\gamma_a \gamma_d$ and $\gamma_d \gamma_d$ were left out, because they do not contain any solutions. For the different mechanisms we demanded that $1.54 < \gamma_s < 1.71$, range of observed $\Delta \tau$ is the observed cooling-age difference $\pm 50\%$. Columns labelled 1 through 6 give the number of model .0.10 . 101 00 0010 er episodes. The to 0.25–1.75 in order to get the first solution for just a single system with one of these two mechanisms. All mechanisms that are listed in Table 5.4 provide a solution for more than one observed system, and each observed system has at least one mechanism that provides it with a solution. The number of solutions per combination of mechanism and observed system ranges from zero to several hundreds and the age differences of the accepted models lie between 36 Myr and more than 12 Gyr.

We will use Table 5.4 to compare the age differences of the models to the observed values and use this comparison to judge the 'quality' of the model solutions. We will assume that if the age difference in the model lies within 50% of the measured cooling-age difference (the range in the second column of Table 5.4) that this is a good agreement which we will assign the symbol '+'. If the difference is larger than that, but smaller than a factor of five we will call it 'close' and assign a ' \sim '. Cases where the nearest solution has an age difference that is more than a factor of five from the observed value is considered 'bad' and assigned the symbol '-'. If we do this for all cases, we obtain the second symbol for each entry in Table 5.3, which we can use to directly compare the quality of the solutions for each mechanism and each observed system.

We find that these results are robust, in the sense that if we expand the ranges for γ and α_{ce} with a factor of two, the optimum result does not change, although there are more mechanisms contributing to this result, *i.e.* the column 'opt. result' remains unchanged, while the number of labels in the last column increases. The same is even true if we expand the ranges for α_{ce} with a factor of ten instead of two. If we use a factor of 2 in stead of 5 for the upper limit of a 'close solution', we need to expand the ranges for γ and α_{ce} with a factor of 2.6 to get tildes at the same places in the column 'optimum result' as shown in Table 5.3.

We conclude that our models can form double white dwarfs with the observed masses and orbital periods if we invoke multiple formation mechanisms. Our calculations show that if we double the allowed ranges for γ and α_{ce} with respect to those used in Tables 5.3 and 5.4, it is even possible to form all observed systems with mechanisms $\gamma_s \gamma_s$ only or $\gamma_d \gamma_a$ only. If we demand in addition that the age differences of the model systems lie within 50% of the observed value, we can still explain the formation of most observed systems, while for some double white dwarfs this becomes difficult. This is the case with WD 0135–052, WD 1204+450, WD 1704+481b and to a lesser extent WD 1101+364. These four systems can usually either be explained with an acceptable age difference but a value for γ that is off, or an acceptable γ and an age difference that lies (sometimes much) more that 50% from the observed value.

5.6.5 Description of the individual solutions

The goal of this research is, of course, to find out whether we can somehow explain the formation of the observed double white dwarfs. If this is the case, we hope to learn firstly which mechanisms govern this formation and secondly what the progenitor systems are that evolve to the observed white-dwarf binaries. Although we do not find one mechanism that

can explain all observed systems in a satisfying way, we present here the evolution of some of the best solutions among our calculations. We list the five main parameters that describe the evolutionary scenario of a solution (two initial masses, the initial period and the two envelope-ejection parameters) and two minor ones (the actual final masses that the models give) in a table. Because we present solutions for six different formation mechanisms and eleven observed systems that may have more than one 'best' solution this table is quite large. This is particularly the case because we want to remove the arbitrarily chosen boundaries that we have used so far to qualify a solution. We therefore list at least one solution per mechanism per system, independent of how far its parameters lie from the preferred values. We chose to present the complete table as Table 5.6 in Sect. 5.9 and give an excerpt of it in Table 5.5. In this way, the reader may verify how particular models do or do not work.

We manually picked the 'best' solutions for a given combination of formation mechanism and observed system, in the sense that the solution has a γ close to unity (or, in case of γ_s , close to 1.63), an α_{ce} close to the range of 0.5–1.0 and an age difference that is close to the observed value. In the cases where there are different solutions that each excel in a different one of these three properties, we may present more than one solution. If there are several solutions that are similar on these grounds, we prefer those with lower initial masses. We then leave it to the reader to judge whether these solutions are acceptable. The values for q_{2f} and P_f are identical to the value listed in Table 5.1 and therefore not shown in Table 5.5. The intermediate masses are also left out of the table, because no matter is accreted during the dynamical mass loss and thus $M_{1m} = M_{1f}$ and $M_{2m} = M_{2i}$ in our models. The numbering of the solutions in the excerpted table is the same as in the complete version.

We tabulate 120 solutions in total. The initial binaries have primary masses between $1.09 M_{\odot}$ and $5.42 M_{\odot}$, though there are only two solutions with $M_{1i} > 4 M_{\odot}$. Of the 120 solutions, 50% have an initial primary mass less than $2 M_{\odot}$ and 87% of the primaries are less massive than 3 M_{\odot} . Thus, the models suggest that the double white dwarfs are formed by low-mass stars, as may be required to explain the observed numbers of these binaries. Of the initial systems, 90% have orbital periods between 10 and 1000 days. All proposed solutions undergo a first envelope ejection described by angular-momentum balance of some sort, which allows the orbital period to increase during such a mass-transfer phase. In 61% of the selected solutions this is the case, and for 45% of the solutions the intermediate orbital period is twice or more as long as the initial period. Of the 120 solutions listed, 51% have initial mass ratios $q_{1i} > 1.07$ while only 17% have $q_{1i} > 1.2$. A bit worrying may be that for 24% of the solutions, $q_{1i} < 1.03$. It could be that these initial systems evolve into a double common envelope, where the two white dwarfs are formed simultaneously and the second white dwarf is undermassive. On the other hand, because the orbital period increases in most of the first envelope ejections, the outcome of such a common envelope is uncertain. One should treat these solutions with some scepticism.

We now briefly discuss the solutions for each observed system that are listed in the excerpted Table 5.5. For WD 0135–052 it is difficult to get both γ 's close to the preferred values. In solution 5, γ_{a1} is off while α_{ce2} is acceptable, solution 8 has a γ_{a1} not too far from unity but γ_{a2} is off and for solution 9 the reverse is the case. The three solutions have

Nr.	WD	Meth.	γ_1	$\gamma_2,$	Δau	$\Delta(\Delta \tau)$	τ_2	$M_{ m 1i}$	$M_{2\mathrm{i}}$	$q_{1\mathrm{i}}$	$P_{\rm i}$	$q_{2\mathrm{m}}$	$P_{ m m}$	$M_{ m 1f}$	$M_{2{ m f}}$
				$\alpha_{\rm ce2}$	Myr	%	Gyr	M_{\odot}	M_{\odot}		q		p	M_{\odot}	M_{\odot}
S	0135	$\gamma_{\mathrm{a}} lpha_{\mathrm{ce}}$	1.31	0.87	377	7.7	3.14	1.51	1.46	1.04	504.5	3.12	264.7	0.47	0.42
8	0135	$\gamma_{\mathrm{a}}\gamma_{\mathrm{a}}$	1.15	0.66	524	50.	1.36	2.46	2.06	1.20	429.8	3.56	110.9	0.58	0.52
6	0135	$\gamma_{\mathrm{a}}\gamma_{\mathrm{a}}$	1.40	0.99	454	30.	5.37	1.28	1.25	1.03	596.6	2.68	313.7	0.47	0.42
17	0136	$\gamma_{ m s}\gamma_{ m s}$	1.51	1.61	450	0.0	2.39	1.70	1.59	1.07	106.1	4.36	371.4	0.37	0.46
22	0136	$\gamma_{ m d} lpha_{ m ce}$	0.95	1.00	299	34.	2.68	1.59	1.53	1.04	75.88	4.50	269.5	0.34	0.43
28	0957	$\gamma_{ m a} lpha_{ m ce}$	1.02	0.97	321	1.2	1.65	1.90	1.79	1.07	20.15	6.31	27.07	0.28	0.32
30	0957	$\gamma_{ m d} lpha_{ m ce}$	1.00	1.00	427	31.	1.16	2.34	2.00	1.17	8.110	6.66	28.52	0.30	0.34
38	1101	$\gamma_{ m a} lpha_{ m ce}$	1.17	0.96	308	43.	1.57	1.95	1.81	1.08	127.1	4.63	45.28	0.39	0.34
50	1115	$\gamma_{ m a} lpha_{ m ce}$	1.01	1.00	239	49.	0.50	3.70	2.94	1.26	1693.	3.58	980.4	0.82	0.69
54	1115	$\gamma_{ m d} lpha_{ m ce}$	0.97	0.93	240	50.	0.32	5.42	3.42	1.58	201.2	3.84	1012.	0.89	0.75
55	1115	$\gamma_{\rm d} \gamma_{\rm a}$	1.45	1.00	214	34.	1.11	2.40	2.22	1.08	3567.	2.49	2032.	0.89	0.75
58	1204	5	1 83	1 30	71	11	0.25	3 04	3 47	1 14	69 23	5 97	56.81	0 50	0.51
22	1001	/s /s	011	1001			70.0	00 6		111	00.00	202	20.02	12:0	0.50
8	1204	$\gamma_{\rm d} \gamma_{\rm a}$	1.10	0.34	4	0.1	07.0	5.89	5.42	I.14	28.85	06.0	C8.1C	/ C.N	00.0
68	1349	$\gamma_{ m s}\gamma_{ m s}$	1.51	1.63	426	0.0	2.68	1.61	1.53	1.05	115.0	4.20	385.7	0.37	0.46
74	1349	$\gamma_{ m d} lpha_{ m ce}$	0.97	0.98	64	0.0	2.45	1.59	1.57	1.01	120.4	4.31	373.4	0.37	0.46
8	1414	$\gamma_{ m d} lpha_{ m ce}$	0.95	0.71	188	5.9	0.43	3.51	3.09	1.14	70.81	5.99	358.3	0.52	0.66
92	1704a	$\gamma_{\mathrm{a}} lpha_{\mathrm{ce}}$	1.01	0.60	52	360.	1.41	2.06	1.88	1.09	40.37	3.66	65.66	0.51	0.36
98	1704a	$\gamma d \gamma_a$	1.37	0.63	7	110.	1.48	1.93	1.86	1.04	294.5	3.33	120.2	0.56	0.39
103	1704b	$\gamma_{\rm a}\gamma_{\rm a}$	0.98	0.99	199	895.	2.59	1.59	1.57	1.01	256.0	3.81	664.0	0.41	0.59
114	2209	$\gamma_{ m a} lpha_{ m ce}$	0.98	0.54	517	3.3	1.45	2.37	1.95	1.21	148.5	3.55	168.2	0.55	0.55
115	2209	$\gamma_{a}\gamma_{a}$	1.00	1.00	612	22.	1.65	2.28	1.86	1.23	968.0	2.95	1061.	0.63	0.63
Table	5 5. Cale	oted mo	los lebi	utione fo	r the do	uhle ehu	ie-encle	notion en	oinene	This 1	e si eldet	avcarnt	of the to	otal liet	of 120
antriac	J.J. JUN The fi	ret eight	mulos	nu eliouu U	the num	ubuc ciiv	he entry	the do	unanu.	n suu t bite du	varf that	the mode	U uucu Miese	oliition	to the
mecha	nism use	id, the tv	vo enve	slope-eie	ction pa	ameters.	the age	, ure ure differen	ce of th	he two	compone	ents in th	e model	$(\Delta \tau)$	in Myr.
the rel	ative difi	ference t	betweer	the obs	erved an	d model	age diff	erence.	defined	as $\Delta($	$\Delta \tau \equiv _{\underline{4}}$	$\Delta \tau_{mod} - \Delta \gamma$	robe in	%. the	time of
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acceptable age differences. The solutions 17 and 22 for WD 0136+768 and 28 and 30 for WD 0957–666 have values close to desired for both envelope-ejection parameters and the $\Delta \tau$. Solution 38 is by far the best solution for WD 1101+364, though γ_{a1} is not very close to unity. Solutions 50 and 54 for PG 1115+116 have envelope-ejection parameters close to the desired values and acceptable $\Delta \tau$'s, though the initial masses are high. This is in accordance with the fact that these stars are required to form white dwarfs with masses as high as $0.7 M_{\odot}$. Solution 55 shows that one has to accept a large value for γ_{d1} in order to find a solution with significantly smaller initial masses.

Solutions 58 and 65 are the only two for WD 1204+450 from the complete table that have age differences within 50% of the observed value, and still the envelope-ejection parameters are far from the desired values. There seems to be no convincing solution for this system in our models. For WD 1349+144 the cooling ages are not known, although the similar Balmer spectra of the two components (Karl et al. 2003a) seem to suggest that $\Delta \tau$ is small. Solution 74 (which is the same as solutions 66, 69 and 70 in the complete table but with a different definition of γ) has a small age difference of 64 Myr but also a disturbingly small initial mass ratio of 1.01. Since the orbital period is supposed to increase with more than 200% during the first dynamical mass-loss episode, it is uncertain how this initial system would evolve. Solution 68 has a larger initial mass ratio, but also a larger age difference. The complete table shows solutions for WD 1349+144 with values for $\Delta \tau$ of about 64, 140, 230, 370 and 450 Myr, so that they span a large range within which the actual age difference is likely to lie. For HE 1414-0848 we find an acceptable solution for almost all mechanisms and 4 out of the 8 solutions listed in the complete table refer to the same solution with different values for the envelope-ejection parameters for the different mechanisms. Since the observed age difference of WD 1704+481a is -20 Myr, we have introduced a system with the reversed mass ratio (WD 1704+481b) and hence an age difference of +20 Myr. Interestingly enough, the solutions with closest age difference for WD 1704+481b have $\Delta \tau \gtrsim 180$ Myr, a factor of nine or more than observed, as is the case for solution 103. However, for WD 1704+481a we find solutions with good envelope-ejection parameters and an age difference of around 50 Myr, like solution 92, and with parameters that are more off, but with an age difference of only 2 Myr as in solution 98. The system WD 1704+481a seems therefore better explained by our models than the system with the reverse mass ratio. Because the observed cooling-age difference is only in the order of a few per cent of the total age of the system (see Table 5.1), a change of 10% in the determined cooling age of one of the two components is sufficient to alter the age difference from -20 Myr to +50 Myr. For HE 2209–1444, we present solutions 114 and 115, that have envelope-ejection parameters close to the desired values and an age difference that agrees very well with the observed cooling-age difference.

Summarising, we find that for the ten observed systems, two can only be explained with values for γ that differ appreciably from the desired values (WD 0135–052 (31%) and WD 1204+450 (20%)). For two systems the values of the envelope-ejection parameters and age difference may not be too convincing, partially due to uncertainties in the observations (WD 1101+364 ($\gamma = 1.17$) and WD 1704+481(a) ($\Delta \tau = 52$ Myr)) and the other six

systems (WD 0136+768, WD 0957–666, PG 1115+116, WD 1349+144, HE 1414–0848 and HE 2209–1444) can be well explained ($\Delta \gamma \leq 5\%$, $\Delta(\Delta \tau) \leq 50\%$) by one or more of the described mechanisms, although several of these mechanisms are needed to account for all six observed systems.

5.7 Discussion

5.7.1 Comparison to other work

In this chapter we investigate the formation scenarios for double white dwarfs first put forward by Nelemans et al. (2000). Their paper is based on three double white dwarfs and we expanded this to the set of ten that has been observed so far. Rather than using analytical approximations, we used a stellar evolution code to do most of the calculations. One of the advantages of this is that we calculate the binding energy of the donor star at the onset of a common envelope, so that we can directly calculate the common-envelope parameter α_{ce} without the need of the envelope-structure parameter λ_{env} , that turns out to be far from constant during the evolution of a star (see Fig. 5.4). This allows us to demand physically acceptable values for α_{ce} .

The use of an evolution code instead of analytical expressions obviously gives more accurate values for instance for the core-mass-radius relation. Our main conclusions are nevertheless the same as that of Nelemans et al. (2000), even though they are based on a larger sample of observed binaries: stable, conservative mass transfer followed by a common envelope with spiral-in based on energy balance cannot explain the formation of the observed systems, and neither can the $\alpha_{ce}\alpha_{ce}$ scenario of two such spiral-ins. We therefore arrive at the same conclusion, that a third mass-transfer mechanism is needed to explain the first mass-transfer phase of these systems and we use their envelope-ejection prescription, based on angular-momentum conservation (Eq. 5.8).

Nelemans & Tout (2005) use more advanced fits to stellar models, but still need the envelope-structure parameter λ_{env} so that it is difficult to interpret the values they find for the product $\alpha_{ce} \lambda_{env}$. They use the same ten observed double-lined white dwarfs as we do, next to a number of single-lined systems. They also conclude that a γ -envelope ejection is needed for the first mass transfer and find, like Nelemans et al. (2000), that all observed systems can be explained by $1.50 < \gamma_{s} < 1.75$, for both mass-transfer phases. Alternatively the second mass-transfer episode can be reconstructed with $0 < \alpha_{ce} \lambda_{env} < 4$. However, Nelemans & Tout (2005) do not discuss the coupling of the two solution sets for the two phases, *e.g.* it is not described how many of the solutions with $1.50 < \gamma_{s1} < 1.75$ have γ_{s2} in the same range. We introduced slightly different definitions for the γ -algorithm in Eqs. 5.10 and 5.11, so that we can demand that γ is in the order of unity. We find indeed that we can explain the observed masses and periods with $\gamma_{a}, \gamma_{d} \sim 1.0$.

We add to the treatment by Nelemans et al. (2000) and Nelemans & Tout (2005) in demanding that, in addition to the masses and orbital period, the age difference of our models must be comparable to the observed value. It turns out that this puts a strong constraint on the selection of model solutions for all three definitions of γ . However, we can still explain most systems, although we need mass loss described by both γ_a and γ_d to do so.

The description for dynamical mass loss with the specific angular momentum of the donor star (Eq.5.11) is similar to the scenario of a tidally-enhanced stellar wind (Tout & Eggleton 1988b,a). In this scenario the mass loss from a (sub)giant due to stellar wind increases up to a factor of 150 with respect to Reimers' empirical law (Reimers 1975) when the star is close to filling its Roche lobe. Tout & Eggleton (1988b) postulate the enhanced wind to explain for instance observed pre-Algol systems such as Z Her. In this binary the more evolved star is less massive than its main-sequence companion by 10%, while only filling about half of its Roche lobe.

Han (1998) uses this tidally-enhanced stellar wind in his research on the formation of double degenerates and concludes, among others, that his models that include this enhanced stellar wind give a better explanation of the observed double-degenerate binaries than models that do not include it. The enhanced mass loss makes subsequent mass transfer due to Roche-lobe overflow dynamically more stable. Envelope ejection due to dynamical mass loss is then more often prevented and binaries evolve to longer orbital periods before the second mass transfer, which is then more likely to produce a CO white dwarf. Thus, the enhanced-wind scenario increases the ratio of CO-helium double white dwarfs to helium-helium binaries.

Envelope ejection described by Eq.5.11 is essentially the same as the limiting case in which most or all of the envelope is lost due to an enhanced wind. Tout & Eggleton (1988b) show that the tidally-enhanced wind can indeed prevent Roche-lobe overflow altogether because the envelope is completely lost by the wind and the core becomes exposed. Without an enhanced wind, this happens for binaries with an initial mass ratio of 2 or less only if they have initial periods of more than 1000 days. When the tidally-enhanced wind is included, core exposure without Roche-lobe overflow occurs for these binaries with initial periods as short as 10–30 days.

5.7.2 Alternative formation scenario for massive white dwarfs

In the present research we have assumed that after envelope ejection occurs, the core of the Roche-lobe filling giant becomes a helium or CO white dwarf with no further evolution other than cooling. However, helium cores that are more massive than $0.33 M_{\odot}$ are not degenerate and those more massive than about $0.5 M_{\odot}$ will burn most of the helium in their cores and produce a CO core. If exposed, they are in effect helium stars. For helium stars less massive than about $0.75 M_{\odot}$ the radius hardly changes during the helium (shell) burning, but stars more massive than that experience a giant phase. This is shown in Fig. 5.16a, where the radius of a selection of helium-star models is plotted as a function of the CO-core mass. For the more massive models in the Figure, the stars expand from the order of a few tenths of a solar radius to a few hundred solar radii. Thus, helium stars with a core mass $M_{\rm CO} \gtrsim 0.7 M_{\odot}$ may and those with $M_{\rm CO} \gtrsim 0.8 M_{\odot}$ must become giants and could fill their Roche lobes as a consequence. The black dots in Fig. 5.16a indicate the maximum



Figure 5.16: Upper panel (a): The radius of a helium star as a function of its CO-core mass, for a selection of 15 models with total masses between 0.41 and $1.43 M_{\odot}$. The dots show where the maximum radii are obtained and are used for the lower panel. The dashed line is the Roche-lobe radius for the intermediate primary of PG 1115+116 according to our solution 54. Lower panel (b): The maximum radius of a low-mass helium star as a function of its total mass, for a selection of 33 models with masses between 0.33 and $1.4 M_{\odot}$. The dots are the data points, the solid line connects them to guide the eye.

radius for a certain helium-star model and if we plot the maximum radii of these and other models as a function of the total mass of the star, we obtain Fig. 5.16b. This Figure shows that a helium star more massive than about $0.83 M_{\odot}$ must evolve through a giant phase (see *e.g.* Paczyński 1971; Habets 1986).

There are two double white dwarfs in the observed sample that have $M_2 > 0.6 M_{\odot}$, PG 1115+116 (both components) and HE 1414–0848 (the secondary). The evolutionary scenarios in Table 5.5 suggest that all these stars emerge from the envelope ejection with a CO core, except solution 54 for PG 1115+116, where the $5.42 M_{\odot}$ primary progenitor produces a $0.89 M_{\odot}$ helium core before helium ignites. The Roche-lobe radius of the $0.89 M_{\odot}$ helium star in the intermediate binary is $187 R_{\odot}$ according to this solution and shown as the dashed line in Fig. 5.16.

The Figure shows that the mass and Roche-lobe radius of this star are in the proper range to fit the helium-giant scenario. We show a small numerical example to illustrate this scenario. The dot in Fig. 5.16a at $M_{\rm CO}$ =0.88 M_{\odot} and $R = 171 R_{\odot}$, just below the dashed line, is the point where the model of 0.93 M_{\odot} from our grid of helium-star models reaches its largest radius. The star thus has an envelope mass of only 0.05 M_{\odot} and with a mass ratio of almost 4, mass transfer would be stable (Eq. 57 of Hurley et al. (2002)). If we assume that this star would be the primary of solution 54 in Table 5.5 and that 0.04 M_{\odot} would be transferred conservatively, the orbital period after the mass transfer would be 1115 d, so that the period would not change drastically and the ensuing second envelope ejection would be triggered by the fact that the star expands, but for which the Roche lobe need not be filled, the orbital period would change less than 2% to 1031 d. It seems that a complete, detailed model could be found to explain this system along these lines.

Both components in HE 1414–0848 are DA white dwarfs (Napiwotzki et al. 2002), as is the secondary of PG 1115+116. The hydrogen in the spectra of these stars suggests that the surface layer that formed after the envelope was ejected is still present. However, the primary in PG 1115+116 is a DB white dwarf. As Maxted et al. (2002a) point out, the giant phase of a helium star could be the explanation for this and the scenario sketched above might indeed describe the formation of this system.

5.8 Conclusions

We investigated several formation scenarios for the observed ten double white dwarfs listed in Table 5.1 and present the best models in Table 5.5. We draw four main conclusions:

- The scenario where the first mass-transfer phase is stable and conservative, followed by a common envelope with spiral-in based on energy conservation (see Eq. 5.4) cannot explain the observed masses and periods of all double white dwarfs.
- The scenario with envelope ejection based on angular-momentum conservation followed by ejection of the second envelope with either energy or angular-momentum balance can explain the observed masses and orbital periods very well.

- Including the age difference as a quality criterion for model solutions produces strong restrictions to the selection of solutions and makes it much more difficult to find acceptable solutions.
- By taking into account the possibilities that mass is lost either from the donor or from the accretor, we show that the formation of the close double white dwarfs can be explained if the mass carries the specific angular momentum of one of the two binary members.

Acknowledgements We thank P.P. Eggleton for making his binary evolution code available to us.

5.9 Appendix: Table of model solutions

Nr.	Meth. γ_1	γ_2 ,	$\Delta \tau$	$\Delta \Delta \tau$	$ au_2$	M_{1i}	M_{2i}	q_{1i}	P_{i}	q_{2m}	$P_{\rm m}$	M_{1f}	M_{2f}
		$\alpha_{\rm ce2}$	Myr	%	Gyr	M_{\odot}	M_{\odot}		d		d	M_{\odot}	M_{\odot}
WD	0135–052												
1	$\gamma_{\rm s} \alpha_{\rm ce}$ 2.02	0.87	377	7.7	3.14	1.51	1.46	1.04	504.5	3.12	264.7	0.47	0.42
2	$\gamma_{ m s} lpha_{ m ce}$ 0.81	0.61	899	157.	2.17	2.11	1.63	1.29	33.22	3.20	372.5	0.51	0.46
3	$\gamma_{ m s}\gamma_{ m s}$ 1.88	1.62	610	74.	1.36	2.55	2.06	1.24	300.5	3.56	110.9	0.58	0.52
4	$\gamma_{\rm s}\gamma_{\rm s}$ 2.00	1.74	523	49.	3.29	1.51	1.44	1.05	503.9	3.08	268.9	0.47	0.42
5	$\gamma_{\rm a} \alpha_{\rm ce}$ 1.31	0.87	377	7.7	3.14	1.51	1.46	1.04	504.5	3.12	264.7	0.47	0.42
6	$\gamma_{\rm a} \alpha_{\rm ce}$ 1.29	0.86	523	49.	3.29	1.51	1.44	1.05	503.9	3.08	268.9	0.47	0.42
7	$\gamma_{\rm a} \alpha_{\rm ce}$ 1.28	0.85	667	91.	3.43	1.51	1.42	1.07	503.3	3.04	272.3	0.47	0.42
8	$\gamma_{\rm a}\gamma_{\rm a}$ 1.15	0.66	524	50.	1.36	2.46	2.06	1.20	429.8	3.56	110.9	0.58	0.52
9	$\gamma_{\rm a}\gamma_{\rm a}$ 1.40	0.99	454	30.	5.37	1.28	1.25	1.03	596.6	2.68	313.7	0.47	0.42
10	$\gamma_{\rm a}\gamma_{\rm a}$ 1.29	0.81	523	49.	3.29	1.51	1.44	1.05	503.9	3.08	268.9	0.47	0.42
11	$\gamma_{\rm a}\gamma_{\rm a}$ 1.31	0.80	377	7.7	3.14	1.51	1.46	1.04	504.5	3.12	264.7	0.47	0.42
12	$\gamma_{\rm d} \alpha_{\rm ce}$ 1.36	0.89	261	25.	3.02	1.51	1.48	1.03	505.1	3.16	260.8	0.47	0.42
13	$\gamma_{\rm d}\gamma_{\rm a}$ 1.40	0.89	341	2.6	4.07	1.38	1.35	1.03	553.8	2.89	288.6	0.47	0.42
14	$\gamma_{\rm d}\gamma_{\rm a}$ 1.00	0.98	2067	491.	3.43	2.06	1.42	1.45	155.3	2.72	490.6	0.52	0.47

Table 5.6: Selected model solutions for the double envelope-ejection scenario. This is the full table with 120 entries of which Table 5.5 is an excerpt. The first eight columns show the number of the entry, the double white dwarf that the model is a solution to, the mechanism used, the two envelope-ejection parameters, the age difference of the two components in the model ($\Delta \tau$) in Myr, the relative difference between the observed and model age difference, defined as $\Delta \Delta \tau \equiv \left| \frac{\Delta \tau_{\rm mod} - \Delta \tau_{\rm obs}}{\Delta \tau_{\rm obs}} \right|$ in %, the time of the formation of the double white dwarf since the ZAMS (τ_2) in Gyr. The last eight columns list binary parameters: the initial (ZAMS) masses, mass ratio and orbital period, the intermediate mass ratio and period and the final masses. See Sect. 5.6.5 for more details. (*continued on the next pages*)

Chapter 5

	16.4					1.(1.6		D		D	1.6	1.6
Nr.	Meth. γ_1	γ_2 ,	$\Delta \tau$	$\Delta \Delta \tau$	τ_2	M_{1i}	M_{2i}	q_{1i}	P_{i}	q_{2m}	$P_{\rm m}$	M_{1f}	M_{2f}
WD	0126+769	$\alpha_{\rm ce2}$	Myr	%	Gyr	M_{\odot}	M_{\odot}		d		a	Mo	M_{\odot}
15	0130 ± 708	1.01	440	0.2	3 73	1.44	1 38	1.04	72 27	4 16	265.0	0.33	0.42
15	$\gamma_{\rm s}\alpha_{\rm ce}$ 1.40	1.01	300	33	2.75	1.44	1.50	1.04	64.22	4.10	205.9	0.33	0.42
17	$\gamma_{\rm s}\gamma_{\rm s} = 1.55$	1.55	450	0.0	2.08	1.39	1.55	1.04	106.1	4.00	235.0	0.33	0.42
18	$\gamma_{\rm S} \gamma_{\rm S} = 1.51$	0.99	317	30	3.90	1.70	1.37	1.07	74 07	4.50	269.8	0.37	0.40
19	$\gamma_a \alpha_{ce} = 0.91$	0.99	321	29	5 24	1.40	1.27	1.05	171.1	3 39	532.9	0.35	0.42
20	$\gamma_a \gamma_a = 0.92$	1.01	460	2.2	5.37	1.28	1.25	1.03	170.9	3.35	540.8	0.37	0.47
21	$\gamma_a \gamma_a = 0.93$	0.99	317	30	3.90	1.40	1.37	1.03	74.07	4.11	269.8	0.33	0.42
22	$\gamma_{\rm d} \alpha_{\rm ce} = 0.95$	1.00	299	34.	2.68	1.59	1.53	1.04	75.88	4.50	269.5	0.34	0.43
23	$\gamma_{\rm d} \gamma_{\rm a} = 0.94$	0.95	599	33.	4.67	1.35	1.30	1.04	162.5	3.48	517.9	0.37	0.47
24	$\gamma_{\rm d}\gamma_{\rm a} = 0.93$	0.99	574	28.	5.24	1.30	1.27	1.03	168.8	3.39	532.9	0.37	0.47
	/u /u												
WD	0957–666												
25	$\gamma_{\rm s} \alpha_{\rm ce}$ 1.74	1.00	341	4.8	1.16	2.25	2.00	1.12	15.22	6.66	28.52	0.30	0.34
26	$\gamma_{\rm s} \alpha_{\rm ce}$ 1.62	1.00	427	31.	1.16	2.34	2.00	1.17	8.110	6.66	28.52	0.30	0.34
27	$\gamma_{\rm s}\gamma_{\rm s}$ 1.67	1.62	328	0.9	7.77	1.14	1.13	1.01	27.78	3.99	56.90	0.28	0.32
28	$\gamma_{\rm a} \alpha_{\rm ce} 1.02$	0.97	321	1.2	1.65	1.90	1.79	1.07	20.15	6.31	27.07	0.28	0.32
29	$\gamma_{\rm a}\gamma_{\rm a}$ 1.04	1.00	309	4.9	9.19	1.09	1.07	1.01	100.2	3.19	195.1	0.34	0.38
30	$\gamma_{\rm d} \alpha_{\rm ce}$ 1.00	1.00	427	31.	1.16	2.34	2.00	1.17	8.110	6.66	28.52	0.30	0.34
31	$\gamma_{\rm d} \alpha_{\rm ce}$ 1.06	1.00	341	4.8	1.16	2.25	2.00	1.12	15.22	6.66	28.52	0.30	0.34
32	$\gamma_{\rm d} \alpha_{\rm ce}$ 1.02	0.71	334	2.8	2.25	1.70	1.61	1.05	13.89	5.70	35.74	0.28	0.32
33	$\gamma_{\rm d}\gamma_{\rm a}$ 1.05	1.00	309	4.9	9.19	1.09	1.07	1.01	100.2	3.19	195.1	0.34	0.38
WD	1101+364												
34	$\gamma_{\rm s} \alpha_{\rm ce}$ 1.95	0.89	487	126.	1.71	1.98	1.76	1.12	122.8	4.51	48.24	0.39	0.34
35	$\gamma_{ m s} lpha_{ m ce}$ 2.08	1.00	208	3.3	2.38	1.63	1.59	1.03	118.7	4.33	39.18	0.37	0.32
36	$\gamma_{ m s}\gamma_{ m s}$ 1.81	1.30	312	45.	0.80	2.72	2.28	1.20	44.86	5.82	30.61	0.39	0.34
37	$\gamma_{\rm s}\gamma_{\rm s}$ 2.13	1.61	216	0.5	4.51	1.33	1.32	1.01	183.1	3.47	62.90	0.38	0.33
38	$\gamma_{\rm a} \alpha_{\rm ce} 1.17$	0.96	308	43.	1.57	1.95	1.81	1.08	127.1	4.63	45.28	0.39	0.34
39	$\gamma_{\rm a}\gamma_{\rm a}$ 1.40	0.74	208	3.3	6.12	1.22	1.20	1.01	164.1	3.27	55.68	0.37	0.32
40	$\gamma_{\rm d} \alpha_{\rm ce} 1.33$	1.00	137	36.	3.27	1.46	1.44	1.01	112.2	4.04	35.90	0.36	0.31
41	$\gamma_{\rm d} \alpha_{\rm ce} 1.26$	1.01	256	19.	1.52	1.95	1.83	1.07	127.2	4.69	43.20	0.39	0.34
42	$\gamma_{\rm d} \alpha_{\rm ce}$ 1.41	1.00	317	47.	8.09	1.13	1.12	1.01	91.07	3.35	28.96	0.33	0.29
43	$\gamma_{\rm d}\gamma_{\rm a}$ 1.51	0.95	299	39. 5 (9.18	1.09	1.07	1.01	265.0	2.74	96.55	0.39	0.34
44	$\gamma_{\rm d}\gamma_{\rm a}$ 1.39	0.71	227	5.6	4.29	1.35	1.33	1.01	217.1	3.41	76.52	0.39	0.34
DC 1	115,116												
45	113+110	1.00	220	40	0.50	2 70	2.04	1.26	1602	2 59	080.4	0.82	0.60
43	$\gamma_{\rm s}\alpha_{\rm ce}$ 1.79	1.00	259	49. 07	0.30	2.00	2.94	1.20	2000	2.20	980.4	0.82	0.09
40	$\gamma_{\rm s}\alpha_{\rm ce}$ 1.93	1.00	205	27.	0.75	2.90	2.39	1.12	2066.	2.59	080.4	0.80	0.07
47	$\gamma_{\rm s}\alpha_{\rm ce}$ 1.90	1.00	105	2.9	0.30	2.04	2.94	1.15	1900.	2.56	1240	0.82	0.09
40	$\gamma_{\rm s}\gamma_{\rm s} = 1.79$	1.62	190	24.	0.42	3.94	2.13	1.20	2127.	3.30	1240.	0.80	0.74
50	$\gamma_{\rm s}\gamma_{\rm s}$ 1.93	1.02	230	2. 4 40	0.54	3.70	2.07	1.12	1603	3.49	080.4	0.82	0.09
51	$\gamma_{a}\alpha_{ce} = 1.01$	1.00	239	49. 42	0.50	2 0/	2.94 2.50	1.20	2057	3.20	1017	0.82	0.09
52	$\gamma_{a}\alpha_{ce} = 1.10$	1.00	150		1.16	2.24	2.39	1.14	2037.	2.24 2.40	1952	0.80	0.74
52	$\gamma_{a} \gamma_{a} = 1.59$	0.62	230	0.2 44	0.47	3.84	3.02	1.05	10/15	2.79 3.50	1162	0.00	0.74
54	$\gamma_{a} \gamma_{a} = 1.00$	0.02	230	 50	0.32	5 42	3 42	1.27	201.2	3.84	1012	0.80	0.72
55	$\gamma_{1}\alpha_{ce} = 0.97$	1.00	214	34	1 11	2.40	2.72	1.08	3567	2 49	2032	0.89	0.75
56	$\gamma_{\rm d} \gamma_{\rm a} = 1.45$	0.54	235	47	0.32	5.28	3.42	1.54	190.8	3.89	758.6	0.88	0.74
	/u/a 1.00									2.07			

Table 5.6: Selected model solutions for the double envelope-ejection scenario (continued)

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	16.4					1.6	1.6		D		D	1.6	1.6
Nr.	Meth. γ_1	γ_2 ,	$\Delta \tau$	$\Delta \Delta \tau$	τ_2	M_{1i}	M_{2i}	q_{1i}	P_{i}	q_{2m}	$P_{\rm m}$	M_{1f}	M_{2f}
	1204 450	$\alpha_{\rm ce2}$	Myr	%	Gyr	M_{\odot}	M_{\odot}		d		d	M_{\odot}	M_{\odot}
wD	1204+450	0.02	126	70	5 27	1.07	1.05	1.01	(20.2	0.65	074.0	0.47	0.41
57	$\gamma_{\rm s} \alpha_{\rm ce}$ 2.15	0.85	130	/0.	5.57	1.27	1.25	1.01	630.3	2.05	2/4.3	0.47	0.41
58	$\gamma_{\rm s}\gamma_{\rm s}$ 1.83	1.30	/1	11.	0.25	3.94	3.47	1.14	69.23	5.92	36.81	0.59	0.51
59	$\gamma_{\rm a} \alpha_{\rm ce}$ 1.45	0.87	138	72.	4.66	1.32	1.30	1.01	606.6	2.76	263.4	0.4/	0.41
60	$\gamma_{\rm a}\gamma_{\rm a} = 0.63$	0.65	225	181.	1.58	2.06	1.81	1.14	32.89	3.58	256.2	0.51	0.44
61	$\gamma_{\rm a}\gamma_{\rm a} = 0.78$	0.72	491	514.	1.85	2.06	1.72	1.20	86.06	3.33	312.4	0.52	0.45
62	$\gamma_{\rm d} \alpha_{\rm ce} 0.72$	0.96	225	181.	1.58	2.06	1.81	1.14	32.89	3.58	256.2	0.51	0.44
63	$\gamma_{\rm d} \alpha_{\rm ce}$ 1.47	0.87	138	72.	4.66	1.32	1.30	1.01	606.6	2.76	263.4	0.47	0.41
64	$\gamma_{\rm d}\gamma_{\rm a}$ 1.49	0.97	136	70.	5.37	1.27	1.25	1.01	630.3	2.65	2/4.3	0.47	0.41
65	$\gamma_{\rm d}\gamma_{\rm a}$ 1.10	0.34	74	7.8	0.26	3.89	3.42	1.14	38.82	5.96	51.85	0.57	0.50
WD	1349+144												
66	$\gamma_{\rm e} \alpha_{\rm ee} = 1.56$	0.98	64	0.0	2 4 5	1 59	1 57	1.01	120.4	4 31	373.4	0.37	0.46
67	$\gamma_{\rm s}\alpha_{\rm ce} = 1.50$	1.01	461	0.0	4.52	1.35	1.32	1.03	105.9	3.77	364.5	0.35	0.44
68	$\gamma_{\rm s} \alpha_{\rm ce} = 1.13$	1.63	426	0.0	2.68	1.61	1.53	1.05	115.0	4.20	385.7	0.37	0.46
69	$\gamma_{\rm s} \gamma_{\rm s} = 1.51$	1.60	64	0.0	2.00	1.51	1.55	1.00	120.4	4 31	373.4	0.37	0.16
70	$\gamma_{\rm s} \gamma_{\rm s} = 1.50$	0.98	64	0.0	2.15	1.59	1.57	1.01	120.1	4 31	373.4	0.37	0.10
70	$\gamma_a \alpha_{ce} = 0.90$	1.01	229	0.0	4 52	1 33	1.37	1.01	107.4	3 77	364.5	0.35	0.40
72	$\gamma_a \alpha_{ce} 0.91$	1.01	143	0.0	5 37	1.55	1.52	1.01	173.1	3 35	540.8	0.37	0.47
72	$\gamma_{a}\gamma_{a} = 0.91$	1.00	460	0.0	5 37	1.27	1.25	1.01	170.0	3 35	540.8	0.37	0.47
74	$\gamma_{a} \gamma_{a} = 0.90$	0.98	64	0.0	2 45	1.20	1.25	1.05	120.4	4 31	373.4	0.37	0.47
75	$\gamma_{\rm d} \alpha_{\rm ce} = 0.97$	0.90	147	0.0	4 67	1.32	1.30	1.01	108.7	3 72	369.7	0.35	0.40
76	$\gamma_{\rm d}\alpha_{\rm ce} = 0.92$	0.92	368	0.0	4.67	1 33	1.30	1.01	164.7	3.48	517.9	0.37	0.44
70	$\gamma_{\rm d} \gamma_{\rm a} = 0.93$	1.00	460	0.0	5 37	1.33	1.50	1.03	170.0	3 35	540.8	0.37	0.47
78	$\gamma_{\rm d} \gamma_{\rm a} = 0.92$	1.00	1/13	0.0	5 37	1.20	1.25	1.05	173.1	3 35	540.8	0.37	0.47
70	/d /a 0.72	1.00	145	0.0	5.57	1.27	1.25	1.01	175.1	5.55	540.0	0.57	0.47
HE 1	414-0848												
79	$\gamma_{\rm s} \alpha_{\rm ce}$ 1.52	0.71	188	5.9	0.43	3.51	3.09	1.14	70.81	5.99	358.3	0.52	0.66
80	$\gamma_{\rm s}\gamma_{\rm s}$ 1.46	1.79	119	40.	0.90	2.52	2.40	1.05	467.4	4.09	1720.	0.59	0.75
81	$\gamma_{\rm s}\gamma_{\rm s}$ 1.52	1.45	188	5.9	0.43	3.51	3.09	1.14	70.81	5.99	358.3	0.52	0.66
82	$\gamma_{\rm a} \alpha_{\rm ce} 0.83$	0.71	188	5.9	0.43	3.51	3.09	1.14	70.81	5.99	358.3	0.52	0.66
83	$\gamma_{\rm a}\gamma_{\rm a} = 0.91$	0.99	177	12.	1.33	2.19	2.08	1.05	712.2	3.51	2170.	0.59	0.76
84	$\gamma_{\rm d} \alpha_{\rm ce} 0.95$	0.71	188	5.9	0.43	3.51	3.09	1.14	70.81	5.99	358.3	0.52	0.66
85	$\gamma_{\rm d}\gamma_{\rm a} = 0.95$	0.99	219	9.5	1.33	2.22	2.08	1.07	701.3	3.51	2170.	0.59	0.76
86	$\gamma_{\rm d}\gamma_{\rm a} = 0.96$	0.98	170	15.	1.28	2.22	2.11	1.05	702.1	3.55	2134.	0.59	0.76
	, _ , *												
WD	1704+481a												
87	$\gamma_{\rm s} \alpha_{\rm ce}$ 1.67	0.60	52	360.	1.41	2.06	1.88	1.09	40.37	3.66	65.66	0.51	0.36
88	$\gamma_{ m s} lpha_{ m ce}$ 1.88	0.62	15	175.	1.17	2.19	2.00	1.09	93.52	3.79	66.89	0.53	0.37
89	$\gamma_{ m s} \alpha_{ m ce}$ 2.05	0.43	7	135.	1.36	2.03	1.90	1.07	252.8	3.51	96.02	0.54	0.38
90	$\gamma_{ m s}\gamma_{ m s}$ 1.67	1.52	52	360.	1.41	2.06	1.88	1.09	40.37	3.66	65.66	0.51	0.36
91	$\gamma_{ m s}\gamma_{ m s}$ 1.88	1.50	15	175.	1.17	2.19	2.00	1.09	93.52	3.79	66.89	0.53	0.37
92	$\gamma_{\rm a} \alpha_{\rm ce} 1.01$	0.60	52	360.	1.41	2.06	1.88	1.09	40.37	3.66	65.66	0.51	0.36
93	$\gamma_{\rm a} \alpha_{\rm ce}$ 1.13	0.62	15	175.	1.17	2.19	2.00	1.09	93.52	3.79	66.89	0.53	0.37
94	$\gamma_{\rm a}\gamma_{\rm a}$ 1.01	0.55	52	360.	1.41	2.06	1.88	1.09	40.37	3.66	65.66	0.51	0.36
95	$\gamma_{\rm d} \alpha_{\rm ce}$ 1.11	0.60	52	360.	1.41	2.06	1.88	1.09	40.37	3.66	65.66	0.51	0.36
96	$\gamma_{\rm d} \alpha_{\rm ce}$ 1.24	0.62	15	175.	1.17	2.19	2.00	1.09	93.52	3.79	66.89	0.53	0.37
97	$\gamma_{\rm d} \alpha_{\rm ce}$ 1.37	0.34	2	110.	1.48	1.93	1.86	1.04	294.5	3.33	120.2	0.56	0.39
98	$\gamma_{\rm d}\gamma_{\rm a}$ 1.37	0.63	2	110.	1.48	1.93	1.86	1.04	294.5	3.33	120.2	0.56	0.39

Table 5.6: Selected model solutions for the double envelope-ejection scenario (continued)

Nr.	Meth. γ_1	γ_2 ,	$\Delta \tau$	$\Delta \Delta \tau$	$ au_2$	M_{1i}	M_{2i}	q_{1i}	P_{i}	q_{2m}	$P_{\rm m}$	M_{1f}	M_{2f}
		$\alpha_{\rm ce2}$	Myr	%	Gyr	M_{\odot}	M_{\odot}		d		d	M_{\odot}	M_{\odot}
WD 1	704+481b												
99	$\gamma_{ m s} lpha_{ m ce}$ 1.65	0.53	292	1360.	0.73	2.83	2.59	1.09	47.21	6.37	161.8	0.41	0.58
100	$\gamma_{ m s} \alpha_{ m ce}$ 1.74	0.76	285	1326.	0.75	2.76	2.55	1.08	49.12	6.40	107.3	0.40	0.57
101	$\gamma_{ m s}\gamma_{ m s}$ 1.64	1.87	182	810.	2.23	1.68	1.65	1.01	212.1	4.08	478.6	0.41	0.58
102	$\gamma_{\rm a} \alpha_{\rm ce} 0.96$	1.05	465	2223.	1.00	2.62	2.31	1.14	44.02	6.10	63.28	0.38	0.54
103	$\gamma_{\mathrm{a}}\gamma_{\mathrm{a}}$ 0.98	0.99	199	895.	2.59	1.59	1.57	1.01	256.0	3.81	664.0	0.41	0.59
104	$\gamma_{\mathrm{a}}\gamma_{\mathrm{a}}$ 0.94	0.97	181	805.	2.23	1.68	1.65	1.01	284.0	3.88	892.6	0.43	0.61
105	$\gamma_{\rm d} \alpha_{\rm ce}$ 1.03	0.15	182	810.	2.23	1.68	1.65	1.01	212.1	4.08	478.6	0.41	0.58
106	$\gamma_{\rm d} \alpha_{\rm ce} 1.00$	0.76	332	1562.	0.75	2.87	2.55	1.12	33.29	6.40	107.3	0.40	0.57
107	$\gamma_{ m d}\gamma_{ m a}$ 0.95	0.97	181	805.	2.23	1.68	1.65	1.01	284.0	3.88	892.6	0.43	0.61
108	$\gamma_{\rm d}\gamma_{\rm a}$ 1.00	0.99	199	895.	2.59	1.59	1.57	1.01	256.0	3.81	664.0	0.41	0.59
HE 22	209–1444												
109	$\gamma_{ m s} lpha_{ m ce}$ 1.69	0.54	517	3.3	1.45	2.37	1.95	1.21	148.5	3.55	168.2	0.55	0.55
110	$\gamma_{ m s} lpha_{ m ce}$ 1.56	0.88	552	10.	0.75	3.79	2.55	1.49	87.01	4.48	113.8	0.57	0.57
111	$\gamma_{ m s}\gamma_{ m s}$ 1.62	1.64	262	48.	1.20	2.37	2.16	1.09	150.0	3.93	304.6	0.55	0.55
112	$\gamma_{ m s}\gamma_{ m s}$ 1.63	1.73	510	2.1	1.24	2.59	2.14	1.21	403.6	3.62	596.1	0.59	0.59
113	$\gamma_{\rm a} \alpha_{\rm ce}$ 1.19	0.90	42	92.	1.20	2.19	2.16	1.01	121.7	4.08	97.10	0.53	0.53
114	$\gamma_{\rm a} \alpha_{\rm ce} 0.98$	0.54	517	3.3	1.45	2.37	1.95	1.21	148.5	3.55	168.2	0.55	0.55
115	$\gamma_{\rm a}\gamma_{\rm a}$ 1.00	1.00	612	22.	1.65	2.28	1.86	1.23	968.0	2.95	1061.	0.63	0.63
116	$\gamma_{\rm a}\gamma_{\rm a}$ 1.08	1.00	499	0.2	1.87	2.06	1.76	1.17	809.5	2.94	777.6	0.60	0.60
117	$\gamma_{\rm d} \alpha_{\rm ce}$ 1.06	0.53	347	31.	1.35	2.31	2.03	1.14	80.61	3.76	169.5	0.54	0.54
118	$\gamma_{\rm d} \alpha_{\rm ce}$ 1.12	0.88	559	12.	0.75	3.84	2.55	1.50	71.51	4.48	113.8	0.57	0.57
119	$\gamma_{\rm d}\gamma_{\rm a}$ 1.15	0.86	744	49.	1.35	2.76	2.03	1.36	556.8	3.27	881.7	0.62	0.62
120	$\gamma_{\rm d}\gamma_{\rm a}$ 1.00	0.81	731	46.	1.48	2.55	1.93	1.32	135.6	3.38	437.5	0.57	0.57

Table 5.6: Selected model solutions for the double envelope-ejection scenario (continued)